US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1821

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:13	3.8	1:56	3.2	8:11	-0.2	8:10	0.2	4:28	7:37	
2	Mon	2:03	3.7	2:48	3.2	8:55	-0.1	8:55	0.4	4:28	7:37	
3	Tue	2:53	3.5	3:40	3.1	9:38	0.0	9:40	0.5	4:29	7:37	
4	Wed	3:43	3.3	4:30	3.1	10:20	0.2	10:28	0.7	4:29	7:37	
5	Thu	4:31	3.1	5:16	3.1	11:03	0.4	11:21	0.9	4:30	7:37	
6	Fri	5:17	3.0	5:59	3.1	11:48	0.5			4:31	7:36	
7	Sat	6:01	2.8	6:42	3.1	12:20	0.9	12:36	0.6	4:31	7:36	
8	Sun	6:46	2.6	7:26	3.2	1:20	1.0	1:24	0.7	4:32	7:36	
9	Mon	7:37	2.5	8:15	3.2	2:17	0.9	2:13	0.7	4:33	7:35	
10	Tue	8:36	2.5	9:07	3.3	3:10	0.8	3:01	0.7	4:33	7:35	
11	Wed	9:36	2.5	9:56	3.4	3:59	0.6	3:48	0.7	4:34	7:34	
12	Thu	10:28	2.6	10:40	3.5	4:46	0.5	4:35	0.6	4:35	7:34	
13	Fri	11:13	2.7	11:21	3.7	5:33	0.3	5:22	0.5	4:36	7:33	
14	Sat	11:55	2.9			6:19	0.2	6:10	0.4	4:36	7:33	
15	Sun	12:01	3.8	12:36	3.0	7:04	0.0	6:59	0.3	4:37	7:32	
16	Mon	12:42	3.9	1:19	3.1	7:47	-0.1	7:46	0.2	4:38	7:32	
17	Tue	1:26	3.9	2:05	3.2	8:28	-0.2	8:32	0.2	4:39	7:31	
18	Wed	2:13	3.8	2:55	3.3	9:09	-0.2	9:19	0.2	4:40	7:30	
19	Thu	3:05	3.7	3:48	3.4	9:51	-0.2	10:12	0.3	4:41	7:30	
20	Fri	4:01	3.5	4:42	3.6	10:36	-0.1	11:13	0.4	4:41	7:29	
21	Sat	4:57	3.4	5:36	3.6	11:28	0.0			4:42	7:28	
22	Sun	5:53	3.2	6:30	3.7	12:22	0.5	12:28	0.2	4:43	7:27	
23	Mon	6:52	3.0	7:28	3.7	1:31	0.5	1:31	0.2	4:44	7:26	
24	Tue	7:57	2.9	8:32	3.7	2:37	0.4	2:33	0.3	4:45	7:26	
25	Wed	9:08	2.9	9:37	3.7	3:37	0.3	3:32	0.3	4:46	7:25	
26	Thu	10:12	3.0	10:34	3.8	4:32	0.2	4:28	0.3	4:47	7:24	
27	Fri	11:08	3.1	11:25	3.8	5:26	0.1	5:22	0.2	4:48	7:23	
28	Sat	11:58	3.2			6:16	0.0	6:14	0.2	4:49	7:22	
29	Sun	12:11	3.8	12:45	3.3	7:03	-0.1	7:03	0.3	4:50	7:21	
30	Mon	12:55	3.8	1:31	3.3	7:47	-0.1	7:49	0.3	4:51	7:20	
31	Tue	1:38	3.7	2:17	3.3	8:27	0.0	8:31	0.4	4:52	7:19	