US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1839

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:03**	3.5	**3:53**	3.1	**9:58**	0.0	**10:04**	0.5	4:28	7:37	
2	Tue	**3:57**	3.5	**4:45**	3.2	**10:43**	0.1	**11:04**	0.5	4:28	7:37	
3	Wed	**4:52**	3.3	**5:36**	3.4	**11:33**	0.1			4:29	7:37	
4	Thu	**5:47**	3.2	**6:28**	3.5	**12:14**	0.6	**12:30**	0.1	4:29	7:37	
5	Fri	**6:45**	3.1	**7:23**	3.7	**1:26**	0.5	**1:30**	0.2	4:30	7:37	
6	Sat	**7:48**	3.0	**8:25**	3.7	**2:32**	0.4	**2:30**	0.1	4:30	7:37	
7	Sun	**8:57**	3.0	**9:29**	3.8	**3:32**	0.2	**3:28**	0.1	4:31	7:36	
8	Mon	**10:04**	3.0	**10:27**	3.9	**4:29**	0.1	**4:24**	0.1	4:32	7:36	
9	Tue	**11:02**	3.1	**11:21**	4.0	**5:25**	0.0	**5:20**	0.1	4:32	7:36	
10	Wed	**11:57**	3.2			**6:18**	-0.1	**6:15**	0.1	4:33	7:35	
11	Thu	**12:11**	4.0	**12:49**	3.3	**7:10**	-0.2	**7:08**	0.1	4:34	7:35	
12	Fri	**1:00**	3.9	**1:41**	3.3	**7:57**	-0.2	**7:57**	0.2	4:35	7:34	
13	Sat	**1:50**	3.8	**2:33**	3.3	**8:42**	-0.2	**8:44**	0.3	4:35	7:34	
14	Sun	**2:39**	3.6	**3:24**	3.2	**9:24**	0.0	**9:29**	0.5	4:36	7:33	
15	Mon	**3:28**	3.4	**4:14**	3.2	**10:06**	0.1	**10:15**	0.6	4:37	7:33	
16	Tue	**4:17**	3.2	**5:00**	3.2	**10:47**	0.3	**11:06**	0.8	4:38	7:32	
17	Wed	**5:04**	3.0	**5:44**	3.2	**11:31**	0.5			4:39	7:31	
18	Thu	**5:48**	2.8	**6:27**	3.2	**12:04**	0.9	**12:17**	0.7	4:39	7:31	
19	Fri	**6:34**	2.7	**7:11**	3.2	**1:04**	1.0	**1:07**	0.8	4:40	7:30	
20	Sat	**7:23**	2.5	**7:59**	3.2	**2:03**	0.9	**1:58**	0.8	4:41	7:29	
21	Sun	**8:22**	2.5	**8:53**	3.2	**2:57**	0.8	**2:48**	0.8	4:42	7:28	
22	Mon	**9:24**	2.5	**9:45**	3.4	**3:47**	0.7	**3:37**	0.8	4:43	7:28	
23	Tue	**10:19**	2.6	**10:31**	3.5	**4:35**	0.6	**4:24**	0.7	4:44	7:27	
24	Wed	**11:04**	2.7	**11:13**	3.6	**5:21**	0.4	**5:12**	0.6	4:45	7:26	
25	Thu	**11:46**	2.9	**11:52**	3.8	**6:07**	0.2	**5:59**	0.5	4:46	7:25	
26	Fri			**12:25**	3.0	**6:51**	0.1	**6:47**	0.4	4:47	7:24	
27	Sat	**12:31**	3.8	**1:06**	3.1	**7:33**	-0.1	**7:33**	0.3	4:48	7:23	
28	Sun	**1:13**	3.8	**1:49**	3.3	**8:14**	-0.1	**8:18**	0.2	4:49	7:22	
29	Mon	**1:57**	3.8	**2:35**	3.4	**8:53**	-0.2	**9:04**	0.2	4:50	7:21	
30	Tue	**2:46**	3.7	**3:26**	3.5	**9:32**	-0.1	**9:53**	0.3	4:51	7:20	
31	Wed	**3:39**	3.5	**4:19**	3.6	**10:15**	-0.1	**10:51**	0.4	4:52	7:19	