US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1842

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:09	2.7	6:44	3.1	12:42	1.0	12:36	0.6	4:28	7:37	
2	Sat	6:55	2.6	7:26	3.2	1:44	1.0	1:29	0.6	4:28	7:37	
3	Sun	7:51	2.6	8:16	3.3	2:41	0.8	2:22	0.6	4:29	7:37	
4	Mon	8:55	2.6	9:12	3.5	3:34	0.6	3:14	0.5	4:29	7:37	
5	Tue	9:55	2.7	10:05	3.7	4:24	0.4	4:06	0.4	4:30	7:37	
6	Wed	10:47	2.9	10:55	3.9	5:14	0.2	4:59	0.3	4:31	7:36	
7	Thu	11:36	3.1	11:43	4.0	6:05	0.0	5:53	0.1	4:31	7:36	
8	Fri			12:24	3.2	6:54	-0.2	6:47	0.0	4:32	7:36	
9	Sat	12:31	4.1	1:15	3.4	7:42	-0.3	7:40	-0.1	4:33	7:35	
10	Sun	1:22	4.1	2:09	3.5	8:28	-0.4	8:32	-0.1	4:33	7:35	
11	Mon	2:17	4.0	3:06	3.6	9:13	-0.4	9:24	0.0	4:34	7:35	
12	Tue	3:14	3.8	4:04	3.7	10:00	-0.3	10:20	0.1	4:35	7:34	
13	Wed	4:12	3.6	5:00	3.7	10:51	-0.2	11:22	0.3	4:36	7:34	
14	Thu	5:10	3.4	5:53	3.7	11:47	0.0			4:36	7:33	
15	Fri	6:06	3.2	6:47	3.7	12:29	0.4	12:46	0.1	4:37	7:32	
16	Sat	7:03	3.0	7:43	3.6	1:35	0.4	1:46	0.2	4:38	7:32	
17	Sun	8:06	2.9	8:43	3.6	2:37	0.4	2:44	0.3	4:39	7:31	
18	Mon	9:12	2.8	9:41	3.6	3:34	0.3	3:38	0.4	4:40	7:30	
19	Tue	10:12	2.9	10:33	3.7	4:27	0.3	4:29	0.4	4:41	7:30	
20	Wed	11:03	3.0	11:19	3.7	5:17	0.2	5:19	0.4	4:41	7:29	
21	Thu	11:49	3.0			6:04	0.1	6:06	0.4	4:42	7:28	
22	Fri	12:02	3.7	12:32	3.1	6:48	0.1	6:52	0.4	4:43	7:27	
23	Sat	12:42	3.7	1:14	3.1	7:29	0.1	7:34	0.4	4:44	7:27	
24	Sun	1:22	3.6	1:56	3.1	8:07	0.1	8:14	0.5	4:45	7:26	
25	Mon	2:01	3.5	2:37	3.1	8:42	0.1	8:52	0.6	4:46	7:25	
26	Tue	2:40	3.3	3:18	3.1	9:14	0.2	9:29	0.7	4:47	7:24	
27	Wed	3:19	3.1	3:58	3.1	9:44	0.3	10:06	0.8	4:48	7:23	
28	Thu	3:59	3.0	4:35	3.1	10:13	0.5	10:49	0.9	4:49	7:22	
29	Fri	4:40	2.8	5:10	3.1	10:45	0.6	11:47	1.0	4:50	7:21	
30	Sat	5:23	2.7	5:48	3.2	11:26	0.7			4:51	7:20	
31	Sun	6:10	2.6	6:32	3.2	12:57	1.0	12:24	0.7	4:52	7:19	