US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1842

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:06**	2.6	**7:27**	3.3	**2:04**	0.9	**1:35**	0.7	4:53	7:18	
2	Tue	**8:14**	2.6	**8:33**	3.5	**3:03**	0.7	**2:42**	0.6	4:54	7:17	
3	Wed	**9:24**	2.8	**9:39**	3.7	**3:57**	0.5	**3:42**	0.4	4:55	7:15	
4	Thu	**10:23**	3.0	**10:36**	3.9	**4:49**	0.2	**4:40**	0.2	4:56	7:14	
5	Fri	**11:15**	3.3	**11:27**	4.1	**5:39**	0.0	**5:36**	0.0	4:57	7:13	
6	Sat			**12:05**	3.5	**6:29**	-0.2	**6:31**	-0.1	4:58	7:12	
7	Sun	**12:17**	4.2	**12:55**	3.7	**7:17**	-0.4	**7:25**	-0.2	4:59	7:11	
8	Mon	**1:07**	4.2	**1:47**	3.9	**8:03**	-0.5	**8:17**	-0.3	5:00	7:09	
9	Tue	**1:59**	4.0	**2:41**	3.9	**8:49**	-0.5	**9:09**	-0.2	5:01	7:08	
10	Wed	**2:55**	3.8	**3:37**	3.9	**9:35**	-0.4	**10:02**	0.0	5:02	7:07	
11	Thu	**3:53**	3.6	**4:34**	3.9	**10:23**	-0.2	**11:01**	0.2	5:03	7:05	
12	Fri	**4:51**	3.4	**5:29**	3.8	**11:18**	0.1			5:04	7:04	
13	Sat	**5:49**	3.1	**6:24**	3.7	**12:06**	0.4	**12:19**	0.3	5:05	7:03	
14	Sun	**6:47**	3.0	**7:20**	3.5	**1:13**	0.5	**1:23**	0.5	5:06	7:01	
15	Mon	**7:49**	2.8	**8:21**	3.5	**2:17**	0.6	**2:24**	0.6	5:07	7:00	
16	Tue	**8:54**	2.8	**9:21**	3.5	**3:15**	0.5	**3:20**	0.6	5:08	6:58	
17	Wed	**9:54**	2.9	**10:15**	3.5	**4:07**	0.4	**4:11**	0.6	5:09	6:57	
18	Thu	**10:44**	3.0	**11:00**	3.6	**4:54**	0.4	**4:59**	0.5	5:10	6:56	
19	Fri	**11:27**	3.1	**11:41**	3.6	**5:38**	0.3	**5:45**	0.5	5:11	6:54	
20	Sat			**12:07**	3.3	**6:19**	0.2	**6:28**	0.4	5:12	6:53	
21	Sun	**12:18**	3.6	**12:44**	3.3	**6:57**	0.2	**7:10**	0.4	5:13	6:51	
22	Mon	**12:55**	3.6	**1:21**	3.4	**7:33**	0.2	**7:49**	0.4	5:14	6:49	
23	Tue	**1:30**	3.5	**1:55**	3.3	**8:07**	0.2	**8:26**	0.5	5:15	6:48	
24	Wed	**2:04**	3.3	**2:28**	3.3	**8:37**	0.3	**9:01**	0.6	5:16	6:46	
25	Thu	**2:38**	3.1	**2:58**	3.3	**9:05**	0.4	**9:35**	0.7	5:17	6:45	
26	Fri	**3:13**	3.0	**3:30**	3.3	**9:31**	0.5	**10:12**	0.8	5:18	6:43	
27	Sat	**3:54**	2.9	**4:10**	3.3	**10:00**	0.6	**11:00**	0.9	5:19	6:42	
28	Sun	**4:43**	2.7	**4:58**	3.3	**10:40**	0.7			5:21	6:40	
29	Mon	**5:38**	2.7	**5:52**	3.3	**12:15**	1.0	**11:37 AM**	0.8	5:22	6:38	
30	Tue	**6:39**	2.7	**6:54**	3.4	**1:31**	0.9	**1:02**	0.8	5:23	6:37	
31	Wed	**7:48**	2.8	**8:05**	3.5	**2:35**	0.7	**2:21**	0.7	5:24	6:35	