US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1844

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:44**	4.2	**1:20**	3.5	**7:37**	-0.5	**7:47**	-0.1	4:28	7:37	
2	Tue	**1:37**	4.1	**2:16**	3.5	**8:25**	-0.5	**8:38**	0.0	4:29	7:37	
3	Wed	**2:30**	3.9	**3:11**	3.5	**9:12**	-0.4	**9:27**	0.1	4:29	7:37	
4	Thu	**3:24**	3.7	**4:06**	3.4	**9:58**	-0.2	**10:19**	0.4	4:30	7:37	
5	Fri	**4:17**	3.5	**4:57**	3.4	**10:45**	0.0	**11:14**	0.6	4:30	7:37	
6	Sat	**5:09**	3.3	**5:45**	3.3	**11:34**	0.2			4:31	7:36	
7	Sun	**5:57**	3.0	**6:31**	3.3	**12:14**	0.7	**12:25**	0.4	4:32	7:36	
8	Mon	**6:46**	2.9	**7:18**	3.2	**1:15**	0.8	**1:17**	0.6	4:32	7:36	
9	Tue	**7:38**	2.7	**8:08**	3.2	**2:12**	0.8	**2:07**	0.6	4:33	7:35	
10	Wed	**8:35**	2.7	**9:01**	3.3	**3:05**	0.7	**2:56**	0.6	4:34	7:35	
11	Thu	**9:32**	2.7	**9:52**	3.4	**3:54**	0.6	**3:42**	0.6	4:34	7:34	
12	Fri	**10:24**	2.8	**10:37**	3.5	**4:40**	0.5	**4:28**	0.6	4:35	7:34	
13	Sat	**11:09**	2.9	**11:16**	3.5	**5:25**	0.4	**5:13**	0.5	4:36	7:33	
14	Sun	**11:51**	3.0	**11:53**	3.6	**6:08**	0.2	**5:58**	0.4	4:37	7:33	
15	Mon			**12:30**	3.0	**6:51**	0.1	**6:42**	0.4	4:38	7:32	
16	Tue	**12:26**	3.6	**1:09**	3.1	**7:31**	0.0	**7:25**	0.3	4:38	7:31	
17	Wed	**1:00**	3.6	**1:47**	3.2	**8:08**	0.0	**8:06**	0.3	4:39	7:31	
18	Thu	**1:35**	3.6	**2:27**	3.2	**8:45**	0.0	**8:47**	0.3	4:40	7:30	
19	Fri	**2:15**	3.5	**3:10**	3.3	**9:20**	0.0	**9:29**	0.4	4:41	7:29	
20	Sat	**3:02**	3.4	**3:58**	3.4	**9:57**	0.1	**10:18**	0.4	4:42	7:29	
21	Sun	**3:55**	3.3	**4:48**	3.5	**10:40**	0.1	**11:18**	0.5	4:43	7:28	
22	Mon	**4:52**	3.2	**5:41**	3.6	**11:33**	0.2			4:44	7:27	
23	Tue	**5:51**	3.1	**6:37**	3.7	**12:30**	0.5	**12:38**	0.3	4:45	7:26	
24	Wed	**6:54**	3.0	**7:38**	3.7	**1:41**	0.5	**1:47**	0.3	4:46	7:25	
25	Thu	**8:04**	3.0	**8:46**	3.8	**2:46**	0.3	**2:51**	0.2	4:46	7:24	
26	Fri	**9:18**	3.1	**9:50**	3.9	**3:46**	0.2	**3:52**	0.1	4:47	7:23	
27	Sat	**10:23**	3.2	**10:48**	4.1	**4:42**	0.0	**4:49**	0.0	4:48	7:22	
28	Sun	**11:19**	3.4	**11:39**	4.1	**5:35**	-0.2	**5:45**	-0.1	4:49	7:21	
29	Mon			**12:11**	3.5	**6:27**	-0.3	**6:38**	-0.1	4:50	7:20	
30	Tue	**12:28**	4.1	**1:01**	3.6	**7:15**	-0.4	**7:29**	-0.1	4:51	7:19	
31	Wed	**1:17**	4.0	**1:50**	3.6	**8:01**	-0.4	**8:17**	0.0	4:52	7:18	