US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1845

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:23	3.0	11:33	3.6	5:37	0.3	5:32	0.5	4:53	7:17	
2	Sat			12:04	3.1	6:19	0.2	6:16	0.4	4:54	7:16	
3	Sun	12:09	3.6	12:42	3.2	6:59	0.1	6:58	0.4	4:55	7:15	
4	Mon	12:42	3.6	1:19	3.2	7:36	0.1	7:38	0.4	4:56	7:14	
5	Tue	1:13	3.5	1:55	3.3	8:12	0.1	8:16	0.4	4:57	7:13	
6	Wed	1:44	3.4	2:29	3.3	8:44	0.1	8:53	0.4	4:58	7:11	
7	Thu	2:17	3.3	3:06	3.3	9:15	0.2	9:31	0.5	4:59	7:10	
8	Fri	2:58	3.2	3:48	3.4	9:47	0.3	10:15	0.6	5:00	7:09	
9	Sat	3:47	3.1	4:36	3.4	10:23	0.4	11:12	0.6	5:01	7:08	
10	Sun	4:43	3.1	5:28	3.5	11:13	0.4			5:02	7:06	
11	Mon	5:43	3.0	6:25	3.6	12:25	0.7	12:23	0.5	5:03	7:05	
12	Tue	6:47	3.0	7:29	3.7	1:38	0.6	1:40	0.4	5:04	7:04	
13	Wed	7:59	3.0	8:39	3.8	2:44	0.4	2:49	0.3	5:05	7:02	
14	Thu	9:14	3.2	9:46	4.0	3:43	0.2	3:50	0.1	5:06	7:01	
15	Fri	10:18	3.4	10:44	4.1	4:38	-0.1	4:49	0.0	5:07	6:59	
16	Sat	11:14	3.6	11:36	4.2	5:31	-0.3	5:45	-0.2	5:08	6:58	
17	Sun			12:06	3.8	6:22	-0.4	6:39	-0.2	5:09	6:57	
18	Mon	12:26	4.2	12:57	3.9	7:11	-0.5	7:32	-0.3	5:10	6:55	
19	Tue	1:16	4.1	1:47	3.9	7:58	-0.5	8:21	-0.2	5:11	6:54	
20	Wed	2:07	3.9	2:39	3.8	8:43	-0.4	9:10	0.0	5:13	6:52	
21	Thu	2:59	3.7	3:31	3.7	9:27	-0.1	9:59	0.2	5:14	6:51	
22	Fri	3:53	3.5	4:23	3.6	10:11	0.1	10:52	0.5	5:15	6:49	
23	Sat	4:46	3.2	5:14	3.5	10:59	0.4	11:51	0.7	5:16	6:48	
24	Sun	5:39	3.0	6:03	3.3	11:53	0.7			5:17	6:46	
25	Mon	6:30	2.9	6:53	3.3	12:54	0.8	12:51	0.8	5:18	6:44	
26	Tue	7:24	2.8	7:47	3.2	1:54	0.8	1:50	0.9	5:19	6:43	
27	Wed	8:22	2.8	8:45	3.2	2:48	0.8	2:44	0.8	5:20	6:41	
28	Thu	9:20	2.9	9:39	3.3	3:37	0.7	3:34	0.8	5:21	6:40	
29	Fri	10:11	3.0	10:25	3.4	4:22	0.5	4:21	0.6	5:22	6:38	
30	Sat	10:55	3.2	11:05	3.5	5:04	0.4	5:05	0.5	5:23	6:36	
31	Sun	11:34	3.3	11:41	3.6	5:45	0.3	5:49	0.4	5:24	6:35	