US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1853

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:55	2.8	9:24	3.3	3:22	0.6	3:18	0.5	4:28	7:37	
2	Sat	9:49	2.8	10:10	3.4	4:09	0.5	4:01	0.5	4:29	7:37	
3	Sun	10:37	2.8	10:51	3.5	4:55	0.4	4:43	0.5	4:29	7:37	
4	Mon	11:21	2.8	11:28	3.6	5:39	0.3	5:26	0.5	4:30	7:37	
5	Tue			12:03	2.9	6:23	0.3	6:09	0.5	4:30	7:37	
6	Wed	12:04	3.6	12:44	2.9	7:06	0.2	6:52	0.5	4:31	7:36	
7	Thu	12:37	3.6	1:24	2.9	7:47	0.1	7:33	0.5	4:32	7:36	
8	Fri	1:10	3.6	2:05	2.9	8:25	0.1	8:13	0.5	4:32	7:36	
9	Sat	1:45	3.5	2:48	2.9	9:02	0.1	8:52	0.5	4:33	7:35	
10	Sun	2:26	3.5	3:33	3.0	9:39	0.1	9:33	0.5	4:34	7:35	
11	Mon	3:13	3.4	4:20	3.1	10:18	0.2	10:20	0.6	4:34	7:34	
12	Tue	4:06	3.3	5:08	3.2	11:03	0.2	11:22	0.6	4:35	7:34	
13	Wed	5:02	3.3	5:56	3.4	11:56	0.3			4:36	7:33	
14	Thu	5:58	3.2	6:48	3.5	12:34	0.6	12:55	0.3	4:37	7:33	
15	Fri	6:58	3.1	7:46	3.7	1:45	0.5	1:56	0.2	4:37	7:32	
16	Sat	8:05	3.0	8:50	3.8	2:50	0.3	2:56	0.1	4:38	7:32	
17	Sun	9:17	3.1	9:52	4.0	3:50	0.1	3:53	0.1	4:39	7:31	
18	Mon	10:22	3.2	10:49	4.1	4:47	0.0	4:50	0.0	4:40	7:30	
19	Tue	11:20	3.3	11:42	4.2	5:42	-0.2	5:47	-0.1	4:41	7:29	
20	Wed			12:15	3.4	6:36	-0.3	6:42	-0.1	4:42	7:29	
21	Thu	12:33	4.2	1:09	3.4	7:27	-0.4	7:35	0.0	4:43	7:28	
22	Fri	1:25	4.1	2:03	3.4	8:15	-0.4	8:25	0.1	4:44	7:27	
23	Sat	2:17	3.9	2:58	3.4	9:01	-0.3	9:14	0.2	4:44	7:26	
24	Sun	3:10	3.7	3:51	3.3	9:46	-0.1	10:03	0.4	4:45	7:25	
25	Mon	4:03	3.5	4:43	3.3	10:31	0.1	10:56	0.6	4:46	7:24	
26	Tue	4:54	3.3	5:30	3.3	11:18	0.3	11:54	0.8	4:47	7:24	
27	Wed	5:42	3.1	6:15	3.2			12:07	0.5	4:48	7:23	
28	Thu	6:30	2.9	7:00	3.2	12:55	0.9	12:58	0.6	4:49	7:22	
29	Fri	7:20	2.7	7:49	3.2	1:54	0.9	1:49	0.7	4:50	7:21	
30	Sat	8:16	2.7	8:42	3.2	2:48	0.8	2:38	0.7	4:51	7:19	
31	Sun	9:15	2.7	9:34	3.3	3:38	0.7	3:26	0.7	4:52	7:18	