US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1854

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:50	3.1	2:10	3.8	8:16	-0.5	8:59	-0.7	7:27	4:40	
2	Mon	2:48	3.1	3:07	3.6	9:08	-0.3	9:48	-0.6	7:27	4:40	
3	Tue	3:48	3.0	4:05	3.4	10:00	-0.1	10:39	-0.4	7:27	4:41	
4	Wed	4:45	3.0	5:00	3.2	10:58	0.1	11:33	-0.2	7:27	4:42	
5	Thu	5:39	2.9	5:52	3.0			12:01	0.3	7:27	4:43	
6	Fri	6:29	2.9	6:44	2.7	12:29	0.0	1:06	0.4	7:27	4:44	
7	Sat	7:20	2.9	7:37	2.6	1:23	0.1	2:07	0.4	7:27	4:45	
8	Sun	8:13	2.9	8:35	2.4	2:15	0.2	3:03	0.3	7:26	4:46	
9	Mon	9:06	2.9	9:32	2.4	3:03	0.2	3:53	0.3	7:26	4:47	
10	Tue	9:57	3.0	10:23	2.5	3:48	0.2	4:40	0.2	7:26	4:48	
11	Wed	10:41	3.1	11:08	2.5	4:32	0.2	5:25	0.1	7:26	4:49	
12	Thu	11:21	3.2	11:50	2.6	5:15	0.1	6:09	0.0	7:25	4:50	
13	Fri	11:58	3.2			5:58	0.1	6:51	-0.1	7:25	4:52	
14	Sat	12:30	2.6	12:33	3.2	6:40	0.0	7:31	-0.2	7:25	4:53	
15	Sun	1:09	2.6	1:06	3.2	7:21	0.0	8:09	-0.2	7:24	4:54	
16	Mon	1:47	2.6	1:38	3.2	7:58	0.0	8:44	-0.2	7:24	4:55	
17	Tue	2:24	2.6	2:10	3.1	8:34	0.1	9:17	-0.2	7:23	4:56	
18	Wed	3:02	2.6	2:48	3.0	9:10	0.1	9:50	-0.1	7:23	4:57	
19	Thu	3:43	2.7	3:32	2.9	9:48	0.2	10:26	0.0	7:22	4:59	
20	Fri	4:27	2.7	4:23	2.8	10:36	0.2	11:09	0.0	7:22	5:00	
21	Sat	5:15	2.9	5:19	2.7	11:42	0.3			7:21	5:01	
22	Sun	6:07	3.0	6:17	2.6	12:06	0.1	1:02	0.3	7:20	5:02	
23	Mon	7:04	3.1	7:24	2.5	1:14	0.1	2:16	0.2	7:19	5:03	
24	Tue	8:11	3.2	8:41	2.6	2:22	0.0	3:21	0.0	7:19	5:05	
25	Wed	9:21	3.4	9:54	2.7	3:25	-0.1	4:20	-0.2	7:18	5:06	
26	Thu	10:24	3.6	10:55	2.9	4:24	-0.3	5:16	-0.5	7:17	5:07	
27	Fri	11:20	3.8	11:50	3.0	5:22	-0.4	6:10	-0.6	7:16	5:08	
28	Sat			12:12	3.8	6:18	-0.6	7:02	-0.8	7:15	5:10	
29	Sun	12:42	3.2	1:03	3.8	7:12	-0.6	7:51	-0.8	7:14	5:11	
30	Mon	1:34	3.2	1:54	3.7	8:02	-0.6	8:37	-0.8	7:14	5:12	
31	Tue	2:27	3.2	2:45	3.5	8:50	-0.5	9:21	-0.7	7:13	5:13	