US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1855

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:13	3.3	11:40	2.7	5:08	0.0	6:01	-0.1	7:27	4:39	
2	Tue	11:53	3.3			5:52	0.1	6:45	-0.1	7:27	4:40	
3	Wed	12:22	2.7	12:31	3.3	6:35	0.1	7:27	-0.1	7:27	4:41	
4	Thu	1:04	2.7	1:08	3.2	7:16	0.1	8:06	-0.1	7:27	4:42	
5	Fri	1:46	2.6	1:45	3.1	7:55	0.1	8:42	-0.1	7:27	4:43	
6	Sat	2:29	2.6	2:21	3.0	8:31	0.2	9:17	0.0	7:27	4:44	
7	Sun	3:13	2.5	2:56	2.9	9:06	0.3	9:51	0.1	7:27	4:45	
8	Mon	3:56	2.5	3:33	2.8	9:40	0.4	10:24	0.2	7:26	4:46	
9	Tue	4:37	2.5	4:13	2.7	10:19	0.5	11:00	0.2	7:26	4:47	
10	Wed	5:16	2.6	4:58	2.6	11:10	0.6	11:44	0.3	7:26	4:48	
11	Thu	5:55	2.7	5:47	2.5			12:22	0.6	7:26	4:49	
12	Fri	6:39	2.8	6:42	2.4	12:40	0.3	1:38	0.5	7:25	4:50	
13	Sat	7:32	2.9	7:48	2.4	1:42	0.3	2:44	0.3	7:25	4:51	
14	Sun	8:35	3.1	9:03	2.5	2:43	0.2	3:44	0.1	7:25	4:52	
15	Mon	9:39	3.4	10:10	2.6	3:41	0.0	4:40	-0.2	7:24	4:54	
16	Tue	10:36	3.6	11:06	2.8	4:37	-0.2	5:34	-0.4	7:24	4:55	
17	Wed	11:29	3.8	11:59	3.0	5:34	-0.4	6:27	-0.6	7:23	4:56	
18	Thu			12:21	3.9	6:30	-0.5	7:19	-0.8	7:23	4:57	
19	Fri	12:52	3.1	1:14	3.9	7:24	-0.6	8:08	-0.9	7:22	4:58	
20	Sat	1:47	3.2	2:08	3.8	8:16	-0.6	8:55	-0.9	7:22	4:59	
21	Sun	2:44	3.2	3:04	3.6	9:08	-0.5	9:42	-0.8	7:21	5:01	
22	Mon	3:41	3.2	4:00	3.4	10:01	-0.4	10:31	-0.6	7:20	5:02	
23	Tue	4:38	3.2	4:55	3.2	10:58	-0.1	11:24	-0.4	7:20	5:03	
24	Wed	5:31	3.1	5:49	2.9			12:02	0.1	7:19	5:04	
25	Thu	6:23	3.0	6:43	2.7	12:21	-0.1	1:09	0.2	7:18	5:06	
26	Fri	7:16	3.0	7:41	2.5	1:19	0.0	2:13	0.2	7:17	5:07	
27	Sat	8:14	2.9	8:44	2.4	2:15	0.2	3:11	0.2	7:16	5:08	
28	Sun	9:13	2.9	9:44	2.4	3:09	0.2	4:04	0.2	7:16	5:09	
29	Mon	10:08	3.0	10:37	2.5	3:59	0.2	4:53	0.1	7:15	5:11	
30	Tue	10:55	3.0	11:22	2.6	4:46	0.2	5:38	0.0	7:14	5:12	
31	Wed	11:36	3.1			5:31	0.1	6:22	-0.1	7:13	5:13	