US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1855

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:20	4.0	12:54	3.0	7:31	-0.2	7:25	0.1	4:27	7:27	
2	Sat	1:05	4.0	1:45	3.0	8:18	-0.2	8:13	0.1	4:26	7:27	
3	Sun	1:57	3.9	2:44	3.0	9:06	-0.2	9:03	0.2	4:26	7:28	
4	Mon	2:56	3.8	3:49	3.0	9:56	-0.1	9:58	0.3	4:26	7:29	
5	Tue	4:01	3.7	4:52	3.1	10:51	-0.1	11:03	0.4	4:25	7:29	
6	Wed	5:04	3.6	5:50	3.2	11:51	0.0			4:25	7:30	
7	Thu	6:03	3.4	6:46	3.3	12:15	0.5	12:52	0.0	4:25	7:31	
8	Fri	7:00	3.3	7:43	3.5	1:25	0.5	1:50	0.0	4:24	7:31	
9	Sat	8:00	3.2	8:42	3.6	2:29	0.4	2:44	0.0	4:24	7:32	
10	Sun	9:02	3.1	9:37	3.7	3:27	0.2	3:34	0.0	4:24	7:33	
11	Mon	10:00	3.1	10:26	3.8	4:20	0.1	4:22	0.0	4:24	7:33	
12	Tue	10:52	3.1	11:11	3.8	5:11	0.0	5:09	0.1	4:24	7:34	
13	Wed	11:39	3.1	11:53	3.8	6:01	0.0	5:55	0.2	4:24	7:34	
14	Thu			12:25	3.1	6:48	0.0	6:41	0.3	4:24	7:35	
15	Fri	12:33	3.7	1:11	3.0	7:34	0.0	7:25	0.4	4:24	7:35	
16	Sat	1:14	3.6	1:59	2.9	8:16	0.0	8:06	0.5	4:24	7:35	
17	Sun	1:56	3.5	2:48	2.9	8:57	0.1	8:46	0.6	4:24	7:36	
18	Mon	2:41	3.3	3:39	2.8	9:36	0.3	9:25	0.7	4:24	7:36	
19	Tue	3:28	3.2	4:29	2.8	10:17	0.4	10:06	0.9	4:24	7:36	
20	Wed	4:14	3.1	5:15	2.8	10:59	0.5	10:54	1.0	4:24	7:37	
21	Thu	4:59	2.9	5:57	2.9	11:45	0.6	11:54	1.0	4:24	7:37	
22	Fri	5:40	2.8	6:38	2.9			12:33	0.6	4:24	7:37	
23	Sat	6:22	2.8	7:19	3.0	1:00	1.0	1:22	0.6	4:25	7:37	
24	Sun	7:10	2.7	8:03	3.2	2:01	0.9	2:09	0.6	4:25	7:37	
25	Mon	8:07	2.7	8:52	3.4	2:56	0.7	2:55	0.5	4:25	7:38	
26	Tue	9:10	2.7	9:42	3.6	3:48	0.5	3:42	0.4	4:26	7:38	
27	Wed	10:07	2.8	10:29	3.8	4:39	0.3	4:30	0.3	4:26	7:38	
28	Thu	10:59	2.9	11:16	4.0	5:30	0.1	5:21	0.2	4:26	7:38	
29	Fri	11:48	3.0			6:22	-0.1	6:15	0.1	4:27	7:38	
30	Sat	12:04	4.1	12:40	3.1	7:13	-0.2	7:09	0.0	4:27	7:38	