US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1855

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:55	4.1	1:35	3.2	8:02	-0.3	8:03	0.0	4:28	7:38	
2	Mon	1:50	4.1	2:34	3.3	8:51	-0.4	8:55	0.0	4:28	7:37	
3	Tue	2:49	4.0	3:36	3.3	9:39	-0.3	9:50	0.1	4:29	7:37	
4	Wed	3:50	3.8	4:36	3.4	10:31	-0.2	10:51	0.3	4:29	7:37	
5	Thu	4:49	3.6	5:32	3.5	11:25	-0.1	11:57	0.4	4:30	7:37	
6	Fri	5:45	3.5	6:25	3.6			12:23	0.0	4:31	7:37	
7	Sat	6:40	3.3	7:19	3.6	1:05	0.4	1:20	0.1	4:31	7:36	
8	Sun	7:37	3.1	8:14	3.6	2:09	0.4	2:15	0.2	4:32	7:36	
9	Mon	8:38	3.0	9:11	3.6	3:07	0.4	3:07	0.2	4:33	7:35	
10	Tue	9:38	2.9	10:04	3.6	4:02	0.3	3:57	0.3	4:33	7:35	
11	Wed	10:33	2.9	10:51	3.7	4:52	0.2	4:45	0.4	4:34	7:35	
12	Thu	11:21	3.0	11:34	3.7	5:41	0.2	5:32	0.4	4:35	7:34	
13	Fri			12:07	3.0	6:28	0.1	6:18	0.4	4:36	7:34	
14	Sat	12:14	3.6	12:51	3.0	7:12	0.1	7:03	0.5	4:36	7:33	
15	Sun	12:54	3.6	1:35	3.0	7:53	0.1	7:44	0.5	4:37	7:33	
16	Mon	1:34	3.5	2:20	3.0	8:31	0.2	8:24	0.6	4:38	7:32	
17	Tue	2:13	3.4	3:05	3.0	9:07	0.2	9:01	0.6	4:39	7:31	
18	Wed	2:52	3.2	3:50	3.0	9:41	0.3	9:38	0.8	4:40	7:31	
19	Thu	3:31	3.1	4:32	3.0	10:14	0.4	10:17	0.9	4:40	7:30	
20	Fri	4:10	3.0	5:10	3.0	10:47	0.5	11:04	0.9	4:41	7:29	
21	Sat	4:50	2.9	5:46	3.1	11:24	0.6			4:42	7:28	
22	Sun	5:33	2.8	6:23	3.2	12:06	1.0	12:10	0.7	4:43	7:28	
23	Mon	6:21	2.7	7:07	3.3	1:15	0.9	1:06	0.7	4:44	7:27	
24	Tue	7:18	2.7	8:01	3.4	2:20	0.8	2:07	0.6	4:45	7:26	
25	Wed	8:28	2.7	9:04	3.6	3:19	0.6	3:07	0.5	4:46	7:25	
26	Thu	9:39	2.8	10:04	3.8	4:14	0.4	4:05	0.4	4:47	7:24	
27	Fri	10:39	3.0	10:59	4.1	5:08	0.1	5:02	0.2	4:48	7:23	
28	Sat	11:33	3.2	11:51	4.2	6:01	-0.1	5:59	0.1	4:49	7:22	
29	Sun			12:25	3.4	6:53	-0.3	6:56	-0.1	4:50	7:21	
30	Mon	12:44	4.2	1:19	3.5	7:42	-0.4	7:50	-0.1	4:51	7:20	
31	Tue	1:37	4.2	2:15	3.6	8:30	-0.5	8:43	-0.1	4:52	7:19	