US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:02	2.7	6:59	2.3	1:03	0.4	1:42	0.7	7:27	4:39	
2	Wed	7:49	2.7	7:55	2.3	1:53	0.4	2:40	0.6	7:27	4:40	
3	Thu	8:40	2.9	8:59	2.3	2:42	0.4	3:33	0.4	7:27	4:41	
4	Fri	9:31	3.1	9:57	2.4	3:29	0.3	4:23	0.2	7:27	4:42	
5	Sat	10:19	3.3	10:47	2.5	4:17	0.2	5:13	0.0	7:27	4:43	
6	Sun	11:04	3.5	11:32	2.7	5:05	0.0	6:02	-0.2	7:27	4:44	
7	Mon	11:48	3.7			5:55	-0.1	6:51	-0.4	7:27	4:45	
8	Tue	12:18	2.8	12:34	3.8	6:46	-0.3	7:38	-0.6	7:26	4:46	
9	Wed	1:05	2.9	1:23	3.8	7:37	-0.4	8:23	-0.6	7:26	4:47	
10	Thu	1:57	3.0	2:15	3.7	8:26	-0.4	9:08	-0.7	7:26	4:48	
11	Fri	2:52	3.0	3:11	3.6	9:16	-0.4	9:55	-0.6	7:26	4:49	
12	Sat	3:50	3.1	4:09	3.4	10:10	-0.2	10:45	-0.5	7:26	4:50	
13	Sun	4:48	3.1	5:06	3.2	11:12	-0.1	11:40	-0.3	7:25	4:51	
14	Mon	5:44	3.2	6:02	2.9			12:21	0.1	7:25	4:52	
15	Tue	6:39	3.2	7:00	2.7	12:40	-0.2	1:31	0.1	7:24	4:53	
16	Wed	7:37	3.1	8:03	2.6	1:41	-0.1	2:36	0.1	7:24	4:54	
17	Thu	8:39	3.1	9:10	2.5	2:39	-0.1	3:35	0.0	7:23	4:56	
18	Fri	9:41	3.2	10:11	2.6	3:35	0.0	4:30	-0.1	7:23	4:57	
19	Sat	10:35	3.2	11:03	2.6	4:27	0.0	5:21	-0.2	7:22	4:58	
20	Sun	11:22	3.3	11:50	2.7	5:17	0.0	6:09	-0.2	7:22	4:59	
21	Mon			12:04	3.3	6:05	0.0	6:55	-0.3	7:21	5:00	
22	Tue	12:34	2.8	12:45	3.3	6:50	-0.1	7:36	-0.3	7:21	5:02	
23	Wed	1:17	2.8	1:25	3.2	7:32	0.0	8:15	-0.3	7:20	5:03	
24	Thu	1:59	2.8	2:04	3.1	8:12	0.0	8:50	-0.2	7:19	5:04	
25	Fri	2:41	2.7	2:42	3.0	8:49	0.1	9:23	-0.1	7:18	5:05	
26	Sat	3:24	2.7	3:20	2.8	9:24	0.2	9:55	0.0	7:18	5:06	
27	Sun	4:05	2.7	3:57	2.6	10:00	0.3	10:24	0.2	7:17	5:08	
28	Mon	4:44	2.6	4:35	2.5	10:40	0.5	10:55	0.3	7:16	5:09	
29	Tue	5:22	2.6	5:16	2.4	11:33	0.6	11:35	0.4	7:15	5:10	
30	Wed	5:59	2.7	6:01	2.2			12:45	0.6	7:14	5:12	
31	Thu	6:42	2.7	6:56	2.2	12:33	0.5	1:56	0.6	7:13	5:13	