US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:51	2.9	7:31	2.2	12:49	0.6	2:26	0.4	6:33	5:50	
2	Sun	8:06	3.0	8:53	2.4	2:19	0.5	3:27	0.2	6:32	5:51	
3	Mon	9:22	3.2	10:00	2.7	3:27	0.2	4:22	0.0	6:30	5:52	
4	Tue	10:24	3.4	10:54	3.0	4:27	0.0	5:13	-0.3	6:28	5:54	
5	Wed	11:16	3.7	11:42	3.3	5:22	-0.3	6:02	-0.6	6:27	5:55	
6	Thu			12:05	3.8	6:17	-0.6	6:49	-0.8	6:25	5:56	
7	Fri	12:30	3.6	12:53	3.8	7:09	-0.7	7:35	-0.9	6:24	5:57	
8	Sat	1:18	3.7	1:42	3.7	7:59	-0.8	8:20	-0.8	6:22	5:58	
9	Sun	2:07	3.8	2:34	3.5	8:49	-0.7	9:04	-0.7	6:20	5:59	
10	Mon	2:59	3.7	3:29	3.3	9:39	-0.5	9:49	-0.4	6:19	6:00	
11	Tue	3:53	3.5	4:26	3.0	10:33	-0.2	10:39	-0.1	6:17	6:02	
12	Wed	4:49	3.3	5:24	2.8	11:34	0.0	11:38	0.2	6:15	6:03	
13	Thu	5:46	3.1	6:23	2.6			12:43	0.2	6:14	6:04	
14	Fri	6:44	3.0	7:25	2.5	12:46	0.4	1:51	0.3	6:12	6:05	
15	Sat	7:48	2.8	8:31	2.5	1:54	0.5	2:53	0.3	6:10	6:06	
16	Sun	8:57	2.8	9:34	2.6	2:56	0.5	3:47	0.3	6:09	6:07	
17	Mon	9:56	2.9	10:26	2.7	3:51	0.4	4:34	0.2	6:07	6:08	
18	Tue	10:44	3.0	11:09	2.9	4:39	0.3	5:17	0.1	6:05	6:09	
19	Wed	11:25	3.1	11:47	3.1	5:24	0.2	5:57	0.0	6:03	6:11	
20	Thu			12:01	3.1	6:07	0.1	6:34	-0.1	6:02	6:12	
21	Fri	12:23	3.2	12:35	3.1	6:48	0.0	7:10	-0.1	6:00	6:13	
22	Sat	12:57	3.3	1:08	3.1	7:26	0.0	7:42	0.0	5:58	6:14	
23	Sun	1:28	3.3	1:39	3.0	8:03	0.0	8:12	0.0	5:57	6:15	
24	Mon	1:57	3.2	2:09	2.8	8:37	0.0	8:39	0.1	5:55	6:16	
25	Tue	2:24	3.2	2:40	2.7	9:10	0.1	9:04	0.3	5:53	6:17	
26	Wed	2:53	3.1	3:16	2.6	9:43	0.2	9:30	0.4	5:51	6:18	
27	Thu	3:31	3.1	4:04	2.5	10:23	0.4	10:05	0.5	5:50	6:19	
28	Fri	4:20	3.0	5:01	2.4	11:21	0.5	10:56	0.6	5:48	6:20	
29	Sat	5:19	3.0	6:04	2.4			12:43	0.5	5:46	6:22	
30	Sun	6:25	3.0	7:13	2.5	12:24	0.7	1:57	0.4	5:45	6:23	
31	Mon	7:39	3.1	8:29	2.7	2:00	0.6	2:59	0.2	5:43	6:24	