US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:03	3.3	11:24	4.1	5:26	-0.2	5:26	-0.2	4:26	7:27	
2	Mon	11:55	3.3			6:19	-0.3	6:17	-0.1	4:26	7:28	
3	Tue	12:10	4.1	12:46	3.3	7:10	-0.3	7:07	0.0	4:26	7:29	
4	Wed	12:57	4.0	1:39	3.2	7:59	-0.3	7:55	0.2	4:25	7:29	
5	Thu	1:46	3.8	2:33	3.1	8:46	-0.2	8:41	0.3	4:25	7:30	
6	Fri	2:38	3.6	3:30	3.0	9:32	0.0	9:27	0.5	4:25	7:31	
7	Sat	3:32	3.4	4:25	2.9	10:19	0.2	10:15	0.7	4:24	7:31	
8	Sun	4:25	3.2	5:16	2.9	11:09	0.4	11:10	0.9	4:24	7:32	
9	Mon	5:16	3.0	6:03	2.9			12:01	0.5	4:24	7:32	
10	Tue	6:03	2.9	6:49	3.0	12:12	1.0	12:52	0.6	4:24	7:33	
11	Wed	6:50	2.8	7:36	3.0	1:14	1.0	1:40	0.6	4:24	7:33	
12	Thu	7:39	2.7	8:24	3.1	2:11	0.9	2:25	0.6	4:24	7:34	
13	Fri	8:33	2.6	9:12	3.2	3:03	0.8	3:08	0.6	4:24	7:34	
14	Sat	9:28	2.6	9:56	3.4	3:51	0.6	3:49	0.5	4:24	7:35	
15	Sun	10:18	2.7	10:36	3.5	4:37	0.5	4:31	0.5	4:24	7:35	
16	Mon	11:01	2.7	11:13	3.6	5:23	0.3	5:13	0.5	4:24	7:36	
17	Tue	11:42	2.8	11:49	3.7	6:09	0.2	5:57	0.4	4:24	7:36	
18	Wed			12:23	2.8	6:55	0.1	6:43	0.4	4:24	7:36	
19	Thu	12:27	3.8	1:05	2.9	7:39	0.0	7:30	0.3	4:24	7:37	
20	Fri	1:09	3.8	1:53	2.9	8:23	-0.1	8:15	0.3	4:24	7:37	
21	Sat	1:57	3.8	2:46	3.0	9:06	-0.1	9:02	0.3	4:24	7:37	
22	Sun	2:52	3.7	3:44	3.1	9:51	-0.1	9:54	0.4	4:25	7:37	
23	Mon	3:51	3.6	4:41	3.2	10:40	0.0	10:54	0.5	4:25	7:37	
24	Tue	4:50	3.5	5:35	3.3	11:34	0.0			4:25	7:38	
25	Wed	5:46	3.4	6:28	3.5	12:04	0.5	12:32	0.1	4:26	7:38	
26	Thu	6:42	3.2	7:23	3.6	1:15	0.5	1:30	0.1	4:26	7:38	
27	Fri	7:42	3.1	8:22	3.7	2:20	0.4	2:26	0.1	4:26	7:38	
28	Sat	8:48	3.0	9:22	3.8	3:20	0.3	3:20	0.1	4:27	7:38	
29	Sun	9:51	3.0	10:17	3.9	4:16	0.1	4:13	0.1	4:27	7:38	
30	Mon	10:48	3.1	11:08	3.9	5:10	0.0	5:05	0.1	4:28	7:38	