US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:25	3.7	12:59	3.2	7:18	0.0	7:16	0.4	4:53	7:17	
2	Sat	1:07	3.7	1:43	3.2	7:59	0.0	7:58	0.4	4:54	7:16	
3	Sun	1:48	3.5	2:27	3.2	8:36	0.1	8:38	0.5	4:55	7:15	
4	Mon	2:28	3.4	3:11	3.2	9:11	0.2	9:17	0.6	4:56	7:14	
5	Tue	3:10	3.2	3:55	3.2	9:44	0.3	9:56	0.7	4:57	7:12	
6	Wed	3:51	3.0	4:37	3.1	10:15	0.5	10:38	0.9	4:58	7:11	
7	Thu	4:33	2.9	5:16	3.1	10:46	0.6	11:30	1.0	4:59	7:10	
8	Fri	5:14	2.7	5:54	3.1	11:22	0.8			5:01	7:09	
9	Sat	5:58	2.6	6:34	3.2	12:35	1.0	12:13	0.9	5:02	7:07	
10	Sun	6:47	2.5	7:22	3.2	1:41	1.0	1:20	0.9	5:03	7:06	
11	Mon	7:49	2.5	8:21	3.3	2:41	0.9	2:25	0.9	5:04	7:05	
12	Tue	9:01	2.6	9:24	3.5	3:35	0.7	3:23	0.7	5:05	7:03	
13	Wed	10:02	2.8	10:19	3.7	4:26	0.5	4:18	0.6	5:06	7:02	
14	Thu	10:53	3.0	11:07	3.9	5:15	0.2	5:11	0.4	5:07	7:00	
15	Fri	11:39	3.2	11:54	4.1	6:04	0.0	6:05	0.2	5:08	6:59	
16	Sat			12:25	3.5	6:51	-0.2	6:58	0.0	5:09	6:58	
17	Sun	12:41	4.1	1:12	3.7	7:36	-0.3	7:49	-0.1	5:10	6:56	
18	Mon	1:30	4.1	2:03	3.8	8:20	-0.4	8:39	-0.1	5:11	6:55	
19	Tue	2:21	3.9	2:56	3.8	9:03	-0.4	9:30	0.0	5:12	6:53	
20	Wed	3:17	3.7	3:52	3.9	9:48	-0.2	10:25	0.2	5:13	6:52	
21	Thu	4:15	3.5	4:49	3.8	10:37	0.0	11:28	0.4	5:14	6:50	
22	Fri	5:14	3.3	5:45	3.7	11:34	0.2			5:15	6:49	
23	Sat	6:12	3.1	6:42	3.6	12:37	0.5	12:39	0.4	5:16	6:47	
24	Sun	7:13	3.0	7:43	3.5	1:46	0.5	1:45	0.5	5:17	6:45	
25	Mon	8:20	2.9	8:49	3.5	2:49	0.5	2:47	0.6	5:18	6:44	
26	Tue	9:26	2.9	9:50	3.5	3:45	0.4	3:44	0.6	5:19	6:42	
27	Wed	10:23	3.1	10:41	3.6	4:37	0.3	4:35	0.5	5:20	6:41	
28	Thu	11:11	3.2	11:25	3.6	5:24	0.3	5:24	0.5	5:21	6:39	
29	Fri	11:54	3.3			6:08	0.2	6:10	0.4	5:22	6:37	
30	Sat	12:05	3.7	12:33	3.4	6:49	0.2	6:53	0.4	5:23	6:36	
31	Sun	12:42	3.6	1:12	3.4	7:27	0.2	7:34	0.4	5:24	6:34	