US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:18	3.5	1:49	3.4	8:01	0.2	8:12	0.4	5:25	6:33	
2	Tue	1:53	3.4	2:26	3.4	8:33	0.3	8:49	0.5	5:26	6:31	
3	Wed	2:28	3.2	3:03	3.3	9:02	0.4	9:24	0.7	5:27	6:29	
4	Thu	3:04	3.0	3:39	3.3	9:27	0.6	10:00	0.8	5:28	6:27	
5	Fri	3:42	2.8	4:16	3.2	9:52	0.7	10:42	0.9	5:29	6:26	
6	Sat	4:26	2.7	4:56	3.2	10:21	0.9	11:42	1.0	5:30	6:24	
7	Sun	5:16	2.6	5:42	3.2	11:05	1.0			5:31	6:22	
8	Mon	6:11	2.6	6:36	3.2	12:59	1.0	12:21	1.1	5:32	6:21	
9	Tue	7:15	2.6	7:41	3.3	2:08	0.9	1:53	1.0	5:34	6:19	
10	Wed	8:29	2.7	8:52	3.5	3:06	0.7	3:01	0.8	5:35	6:17	
11	Thu	9:35	2.9	9:54	3.7	3:58	0.5	3:59	0.5	5:36	6:16	
12	Fri	10:28	3.3	10:46	4.0	4:47	0.2	4:53	0.3	5:37	6:14	
13	Sat	11:15	3.6	11:34	4.1	5:34	-0.1	5:47	0.0	5:38	6:12	
14	Sun			12:01	3.9	6:21	-0.3	6:40	-0.2	5:39	6:10	
15	Mon	12:21	4.2	12:47	4.1	7:07	-0.4	7:32	-0.3	5:40	6:09	
16	Tue	1:09	4.1	1:36	4.2	7:52	-0.4	8:22	-0.2	5:41	6:07	
17	Wed	2:00	3.9	2:28	4.1	8:36	-0.4	9:13	-0.1	5:42	6:05	
18	Thu	2:56	3.7	3:24	4.0	9:22	-0.2	10:07	0.1	5:43	6:03	
19	Fri	3:56	3.4	4:23	3.9	10:11	0.1	11:08	0.3	5:44	6:02	
20	Sat	4:58	3.2	5:23	3.7	11:09	0.4			5:45	6:00	
21	Sun	6:00	3.1	6:23	3.5	12:16	0.5	12:17	0.7	5:46	5:58	
22	Mon	7:01	2.9	7:24	3.4	1:26	0.6	1:27	0.8	5:47	5:56	
23	Tue	8:05	2.9	8:29	3.3	2:29	0.6	2:31	0.8	5:48	5:55	
24	Wed	9:09	3.0	9:30	3.4	3:25	0.5	3:28	0.7	5:49	5:53	
25	Thu	10:03	3.1	10:20	3.4	4:13	0.4	4:17	0.6	5:50	5:51	
26	Fri	10:48	3.3	11:02	3.5	4:56	0.3	5:03	0.5	5:51	5:50	
27	Sat	11:28	3.4	11:40	3.5	5:36	0.3	5:47	0.4	5:52	5:48	
28	Sun			12:04	3.6	6:14	0.2	6:29	0.4	5:53	5:46	
29	Mon	12:15	3.5	12:38	3.6	6:50	0.2	7:09	0.4	5:54	5:44	
30	Tue	12:48	3.4	1:11	3.6	7:24	0.3	7:47	0.4	5:55	5:43	