US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:54	2.8	4:07	3.2	10:10	0.1	10:51	-0.2	7:27	4:40	
2	Fri	4:49	2.9	5:04	3.0	11:13	0.2	11:46	-0.1	7:27	4:41	
3	Sat	5:44	3.1	6:01	2.9			12:28	0.3	7:27	4:42	
4	Sun	6:40	3.2	7:01	2.8	12:46	-0.1	1:40	0.2	7:27	4:43	
5	Mon	7:40	3.2	8:08	2.7	1:49	-0.1	2:47	0.1	7:27	4:43	
6	Tue	8:46	3.3	9:19	2.7	2:49	-0.1	3:47	-0.1	7:27	4:44	
7	Wed	9:49	3.4	10:22	2.8	3:46	-0.2	4:44	-0.2	7:27	4:45	
8	Thu	10:46	3.5	11:17	2.9	4:42	-0.2	5:38	-0.4	7:26	4:46	
9	Fri	11:37	3.6			5:36	-0.3	6:30	-0.5	7:26	4:48	
10	Sat	12:09	2.9	12:25	3.6	6:28	-0.3	7:19	-0.5	7:26	4:49	
11	Sun	12:58	3.0	1:11	3.5	7:18	-0.3	8:04	-0.5	7:26	4:50	
12	Mon	1:47	2.9	1:58	3.4	8:04	-0.2	8:46	-0.4	7:25	4:51	
13	Tue	2:36	2.9	2:44	3.2	8:47	-0.1	9:27	-0.3	7:25	4:52	
14	Wed	3:24	2.8	3:31	3.0	9:29	0.1	10:06	-0.1	7:25	4:53	
15	Thu	4:12	2.8	4:17	2.8	10:13	0.3	10:46	0.1	7:24	4:54	
16	Fri	4:58	2.7	5:02	2.6	11:01	0.4	11:29	0.2	7:24	4:55	
17	Sat	5:42	2.7	5:47	2.4	11:59	0.6			7:23	4:56	
18	Sun	6:25	2.7	6:32	2.3	12:16	0.4	1:02	0.6	7:23	4:58	
19	Mon	7:10	2.7	7:24	2.2	1:09	0.5	2:04	0.6	7:22	4:59	
20	Tue	8:02	2.7	8:27	2.1	2:03	0.5	3:00	0.5	7:21	5:00	
21	Wed	8:59	2.8	9:31	2.2	2:55	0.5	3:52	0.4	7:21	5:01	
22	Thu	9:53	2.9	10:24	2.3	3:45	0.4	4:40	0.2	7:20	5:02	
23	Fri	10:39	3.1	11:09	2.4	4:33	0.2	5:27	0.0	7:19	5:04	
24	Sat	11:21	3.3	11:49	2.6	5:21	0.1	6:12	-0.2	7:19	5:05	
25	Sun			12:01	3.4	6:08	-0.1	6:57	-0.4	7:18	5:06	
26	Mon	12:28	2.7	12:41	3.5	6:55	-0.2	7:39	-0.5	7:17	5:07	
27	Tue	1:09	2.9	1:23	3.6	7:40	-0.3	8:19	-0.6	7:16	5:09	
28	Wed	1:52	3.0	2:08	3.5	8:25	-0.4	8:58	-0.6	7:15	5:10	
29	Thu	2:39	3.1	2:57	3.4	9:11	-0.3	9:39	-0.5	7:14	5:11	
30	Fri	3:30	3.2	3:51	3.2	10:01	-0.2	10:23	-0.4	7:13	5:12	
31	Sat	4:25	3.2	4:47	3.0	11:00	-0.1	11:15	-0.3	7:12	5:14	