US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:55	2.6	8:31	3.3	2:28	0.8	2:31	0.6	4:28	7:37	
2	Thu	8:52	2.6	9:22	3.3	3:19	0.7	3:16	0.6	4:29	7:37	
3	Fri	9:48	2.6	10:08	3.4	4:07	0.6	4:00	0.6	4:29	7:37	
4	Sat	10:37	2.6	10:51	3.5	4:53	0.5	4:43	0.6	4:30	7:37	
5	Sun	11:21	2.7	11:30	3.6	5:38	0.4	5:28	0.6	4:30	7:37	
6	Mon			12:02	2.8	6:23	0.3	6:13	0.5	4:31	7:36	
7	Tue	12:06	3.6	12:42	2.8	7:06	0.2	6:57	0.5	4:32	7:36	
8	Wed	12:43	3.7	1:22	2.9	7:48	0.1	7:40	0.5	4:32	7:36	
9	Thu	1:20	3.7	2:03	2.9	8:27	0.0	8:22	0.4	4:33	7:35	
10	Fri	2:01	3.6	2:47	3.0	9:04	0.0	9:03	0.4	4:34	7:35	
11	Sat	2:47	3.6	3:34	3.1	9:42	0.0	9:49	0.5	4:34	7:34	
12	Sun	3:37	3.5	4:24	3.3	10:23	0.1	10:43	0.5	4:35	7:34	
13	Mon	4:32	3.3	5:14	3.4	11:09	0.1	11:50	0.6	4:36	7:33	
14	Tue	5:26	3.2	6:05	3.5			12:04	0.2	4:37	7:33	
15	Wed	6:23	3.1	7:00	3.6	1:03	0.6	1:05	0.2	4:38	7:32	
16	Thu	7:25	3.0	8:01	3.7	2:11	0.5	2:07	0.2	4:38	7:32	
17	Fri	8:35	2.9	9:07	3.8	3:14	0.3	3:08	0.2	4:39	7:31	
18	Sat	9:45	3.0	10:10	3.9	4:12	0.2	4:07	0.1	4:40	7:30	
19	Sun	10:46	3.1	11:06	4.0	5:08	0.0	5:04	0.1	4:41	7:29	
20	Mon	11:42	3.2	11:57	4.0	6:03	-0.1	6:00	0.1	4:42	7:29	
21	Tue			12:34	3.3	6:54	-0.2	6:54	0.1	4:43	7:28	
22	Wed	12:47	4.0	1:26	3.4	7:43	-0.2	7:44	0.1	4:44	7:27	
23	Thu	1:36	3.8	2:17	3.4	8:27	-0.2	8:31	0.2	4:45	7:26	
24	Fri	2:25	3.7	3:07	3.3	9:10	-0.1	9:17	0.4	4:45	7:25	
25	Sat	3:14	3.5	3:57	3.3	9:51	0.1	10:02	0.5	4:46	7:24	
26	Sun	4:02	3.3	4:44	3.3	10:32	0.3	10:52	0.7	4:47	7:24	
27	Mon	4:50	3.1	5:29	3.3	11:14	0.5	11:48	0.9	4:48	7:23	
28	Tue	5:36	2.9	6:12	3.2			12:00	0.7	4:49	7:22	
29	Wed	6:22	2.7	6:56	3.2	12:48	0.9	12:50	0.8	4:50	7:21	
30	Thu	7:11	2.5	7:44	3.2	1:49	0.9	1:43	0.9	4:51	7:19	
31	Fri	8:09	2.5	8:39	3.2	2:44	0.9	2:36	0.9	4:52	7:18	