US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:13**	2.5	**9:34**	3.3	**3:36**	0.8	**3:26**	0.8	4:53	7:17	
2	Sun	**10:09**	2.6	**10:22**	3.4	**4:24**	0.6	**4:15**	0.7	4:54	7:16	
3	Mon	**10:56**	2.8	**11:05**	3.6	**5:10**	0.5	**5:02**	0.6	4:55	7:15	
4	Tue	**11:37**	2.9	**11:44**	3.7	**5:55**	0.3	**5:49**	0.5	4:56	7:14	
5	Wed			**12:15**	3.0	**6:38**	0.1	**6:35**	0.4	4:57	7:13	
6	Thu	**12:21**	3.8	**12:53**	3.2	**7:19**	0.0	**7:21**	0.3	4:58	7:11	
7	Fri	**1:00**	3.8	**1:33**	3.3	**7:59**	-0.1	**8:05**	0.2	4:59	7:10	
8	Sat	**1:42**	3.8	**2:16**	3.4	**8:37**	-0.1	**8:50**	0.2	5:00	7:09	
9	Sun	**2:28**	3.7	**3:03**	3.5	**9:15**	-0.1	**9:37**	0.3	5:01	7:08	
10	Mon	**3:18**	3.5	**3:55**	3.6	**9:55**	0.0	**10:30**	0.4	5:02	7:06	
11	Tue	**4:14**	3.3	**4:49**	3.7	**10:40**	0.1	**11:35**	0.5	5:03	7:05	
12	Wed	**5:12**	3.2	**5:45**	3.7	**11:36**	0.3			5:04	7:04	
13	Thu	**6:12**	3.0	**6:43**	3.7	**12:47**	0.6	**12:43**	0.4	5:05	7:02	
14	Fri	**7:16**	2.9	**7:48**	3.6	**1:57**	0.5	**1:52**	0.4	5:06	7:01	
15	Sat	**8:27**	2.9	**8:58**	3.7	**3:01**	0.4	**2:58**	0.4	5:07	6:59	
16	Sun	**9:38**	3.0	**10:03**	3.7	**4:00**	0.3	**3:58**	0.3	5:09	6:58	
17	Mon	**10:38**	3.2	**10:57**	3.8	**4:54**	0.1	**4:54**	0.3	5:10	6:56	
18	Tue	**11:30**	3.4	**11:45**	3.9	**5:45**	0.0	**5:47**	0.2	5:11	6:55	
19	Wed			**12:17**	3.5	**6:33**	-0.1	**6:37**	0.2	5:12	6:53	
20	Thu	**12:30**	3.9	**1:02**	3.5	**7:17**	-0.1	**7:25**	0.2	5:13	6:52	
21	Fri	**1:12**	3.8	**1:46**	3.5	**7:59**	-0.1	**8:08**	0.3	5:14	6:50	
22	Sat	**1:55**	3.6	**2:30**	3.5	**8:36**	0.0	**8:50**	0.4	5:15	6:49	
23	Sun	**2:38**	3.4	**3:13**	3.4	**9:12**	0.2	**9:30**	0.5	5:16	6:47	
24	Mon	**3:22**	3.2	**3:57**	3.4	**9:45**	0.4	**10:13**	0.7	5:17	6:46	
25	Tue	**4:08**	3.0	**4:41**	3.3	**10:18**	0.6	**11:00**	0.9	5:18	6:44	
26	Wed	**4:56**	2.8	**5:25**	3.2	**10:53**	0.8	**11:59**	1.0	5:19	6:43	
27	Thu	**5:43**	2.6	**6:09**	3.2	**11:39**	1.0			5:20	6:41	
28	Fri	**6:33**	2.5	**6:58**	3.1	**1:05**	1.1	**12:48**	1.1	5:21	6:39	
29	Sat	**7:31**	2.5	**7:54**	3.1	**2:08**	1.0	**1:57**	1.1	5:22	6:38	
30	Sun	**8:37**	2.5	**8:56**	3.2	**3:03**	0.9	**2:56**	1.0	5:23	6:36	
31	Mon	**9:37**	2.7	**9:51**	3.4	**3:52**	0.7	**3:48**	0.8	5:24	6:35	