US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1858

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:14	3.1	1:30	3.8	7:37	-0.5	8:25	-0.7	7:27	4:40	
2	Sat	2:09	3.1	2:23	3.6	8:27	-0.4	9:12	-0.6	7:27	4:41	
3	Sun	3:05	3.1	3:18	3.4	9:17	-0.2	9:59	-0.5	7:27	4:41	
4	Mon	4:00	3.0	4:11	3.2	10:07	0.0	10:47	-0.3	7:27	4:42	
5	Tue	4:53	3.0	5:03	3.0	11:02	0.2	11:38	0.0	7:27	4:43	
6	Wed	5:43	2.9	5:52	2.7			12:03	0.4	7:27	4:44	
7	Thu	6:30	2.9	6:42	2.5	12:30	0.1	1:06	0.5	7:27	4:45	
8	Fri	7:18	2.9	7:34	2.3	1:23	0.3	2:06	0.5	7:26	4:46	
9	Sat	8:10	2.8	8:33	2.2	2:14	0.4	3:01	0.4	7:26	4:47	
10	Sun	9:05	2.9	9:33	2.3	3:03	0.4	3:52	0.3	7:26	4:48	
11	Mon	9:57	3.0	10:25	2.3	3:49	0.3	4:39	0.2	7:26	4:49	
12	Tue	10:43	3.1	11:10	2.4	4:35	0.3	5:24	0.1	7:25	4:50	
13	Wed	11:24	3.2	11:51	2.5	5:19	0.2	6:08	0.0	7:25	4:52	
14	Thu			12:02	3.2	6:03	0.1	6:50	-0.1	7:25	4:53	
15	Fri	12:29	2.6	12:37	3.3	6:46	0.1	7:29	-0.2	7:24	4:54	
16	Sat	1:05	2.6	1:11	3.3	7:26	0.0	8:06	-0.3	7:24	4:55	
17	Sun	1:40	2.7	1:45	3.2	8:04	0.0	8:41	-0.3	7:23	4:56	
18	Mon	2:16	2.7	2:21	3.2	8:41	0.0	9:15	-0.3	7:23	4:57	
19	Tue	2:54	2.8	3:03	3.1	9:20	0.0	9:49	-0.2	7:22	4:59	
20	Wed	3:38	2.9	3:51	2.9	10:03	0.1	10:27	-0.2	7:21	5:00	
21	Thu	4:26	2.9	4:45	2.8	10:58	0.2	11:13	-0.1	7:21	5:01	
22	Fri	5:19	3.0	5:42	2.7			12:13	0.3	7:20	5:02	
23	Sat	6:15	3.1	6:44	2.5	12:15	0.0	1:31	0.3	7:19	5:03	
24	Sun	7:17	3.2	7:56	2.5	1:27	0.0	2:41	0.1	7:19	5:05	
25	Mon	8:30	3.2	9:13	2.6	2:37	0.0	3:44	-0.1	7:18	5:06	
26	Tue	9:42	3.4	10:20	2.7	3:41	-0.2	4:42	-0.3	7:17	5:07	
27	Wed	10:44	3.5	11:17	2.9	4:40	-0.3	5:36	-0.5	7:16	5:08	
28	Thu	11:37	3.6			5:37	-0.4	6:29	-0.6	7:15	5:10	
29	Fri	12:09	3.1	12:27	3.7	6:32	-0.5	7:17	-0.7	7:14	5:11	
30	Sat	12:59	3.2	1:15	3.6	7:23	-0.5	8:03	-0.8	7:14	5:12	
31	Sun	1:48	3.2	2:02	3.5	8:10	-0.5	8:46	-0.7	7:13	5:13	