US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1858

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:22	3.4	1:38	3.4	7:51	-0.4	8:15	-0.5	6:34	5:49	
2	Tue	2:05	3.4	2:20	3.2	8:33	-0.3	8:52	-0.3	6:32	5:51	
3	Wed	2:47	3.3	3:04	3.0	9:13	-0.2	9:27	-0.1	6:31	5:52	
4	Thu	3:29	3.2	3:49	2.7	9:54	0.0	10:00	0.2	6:29	5:53	
5	Fri	4:13	3.0	4:36	2.5	10:37	0.3	10:34	0.4	6:28	5:54	
6	Sat	4:57	2.9	5:25	2.3	11:29	0.5	11:16	0.6	6:26	5:55	
7	Sun	5:44	2.7	6:16	2.2			12:34	0.6	6:24	5:56	
8	Mon	6:34	2.6	7:12	2.1	12:24	0.8	1:42	0.7	6:23	5:58	
9	Tue	7:33	2.6	8:18	2.2	1:40	0.8	2:42	0.6	6:21	5:59	
10	Wed	8:40	2.7	9:23	2.3	2:44	0.7	3:34	0.5	6:19	6:00	
11	Thu	9:40	2.8	10:14	2.5	3:38	0.6	4:20	0.3	6:18	6:01	
12	Fri	10:28	3.0	10:55	2.8	4:27	0.4	5:03	0.1	6:16	6:02	
13	Sat	11:08	3.2	11:31	3.0	5:13	0.2	5:44	-0.1	6:14	6:03	
14	Sun	11:46	3.3			5:58	-0.1	6:24	-0.3	6:13	6:04	
15	Mon	12:05	3.2	12:23	3.4	6:43	-0.2	7:04	-0.4	6:11	6:06	
16	Tue	12:39	3.4	1:01	3.4	7:28	-0.4	7:42	-0.4	6:09	6:07	
17	Wed	1:16	3.6	1:43	3.3	8:11	-0.4	8:20	-0.4	6:08	6:08	
18	Thu	1:58	3.6	2:30	3.2	8:56	-0.4	8:59	-0.3	6:06	6:09	
19	Fri	2:45	3.6	3:23	3.0	9:43	-0.2	9:41	-0.2	6:04	6:10	
20	Sat	3:39	3.5	4:25	2.8	10:39	0.0	10:33	0.1	6:03	6:11	
21	Sun	4:42	3.4	5:29	2.7	11:47	0.2	11:42	0.3	6:01	6:12	
22	Mon	5:47	3.2	6:35	2.7			1:01	0.2	5:59	6:13	
23	Tue	6:56	3.1	7:44	2.7	1:04	0.4	2:11	0.2	5:57	6:14	
24	Wed	8:10	3.1	8:55	2.8	2:18	0.3	3:12	0.1	5:56	6:16	
25	Thu	9:21	3.2	9:57	3.0	3:22	0.2	4:06	-0.1	5:54	6:17	
26	Fri	10:19	3.3	10:48	3.3	4:19	0.0	4:55	-0.2	5:52	6:18	
27	Sat	11:07	3.4	11:33	3.5	5:10	-0.1	5:41	-0.3	5:51	6:19	
28	Sun	11:51	3.4			5:59	-0.2	6:24	-0.3	5:49	6:20	
29	Mon	12:14	3.6	12:31	3.3	6:45	-0.3	7:05	-0.3	5:47	6:21	
30	Tue	12:52	3.6	1:11	3.2	7:29	-0.3	7:43	-0.2	5:45	6:22	
31	Wed	1:30	3.6	1:51	3.1	8:09	-0.2	8:18	0.0	5:44	6:23	