US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1858

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:12	3.2	4:08	2.9	10:04	0.3	10:04	0.8	4:28	7:37	
2	Fri	3:56	3.2	4:47	3.0	10:40	0.3	10:54	0.8	4:28	7:37	
3	Sat	4:44	3.1	5:29	3.2	11:22	0.4			4:29	7:37	
4	Sun	5:35	3.0	6:14	3.3	12:03	0.8	12:13	0.4	4:30	7:37	
5	Mon	6:29	2.9	7:06	3.5	1:18	0.7	1:13	0.4	4:30	7:37	
6	Tue	7:31	2.9	8:06	3.7	2:25	0.6	2:15	0.3	4:31	7:36	
7	Wed	8:43	2.9	9:12	3.8	3:27	0.4	3:15	0.2	4:31	7:36	
8	Thu	9:53	3.0	10:15	4.0	4:25	0.1	4:15	0.1	4:32	7:36	
9	Fri	10:55	3.1	11:12	4.1	5:22	-0.1	5:14	0.0	4:33	7:35	
10	Sat	11:51	3.3			6:17	-0.2	6:13	-0.1	4:33	7:35	
11	Sun	12:07	4.2	12:47	3.4	7:10	-0.4	7:10	-0.1	4:34	7:35	
12	Mon	1:01	4.2	1:44	3.5	8:01	-0.4	8:04	-0.1	4:35	7:34	
13	Tue	1:56	4.0	2:41	3.5	8:49	-0.4	8:56	0.0	4:36	7:33	
14	Wed	2:52	3.8	3:38	3.5	9:36	-0.3	9:48	0.2	4:37	7:33	
15	Thu	3:47	3.6	4:32	3.5	10:23	-0.2	10:42	0.4	4:37	7:32	
16	Fri	4:41	3.4	5:23	3.5	11:13	0.1	11:42	0.6	4:38	7:32	
17	Sat	5:32	3.2	6:11	3.4			12:05	0.3	4:39	7:31	
18	Sun	6:22	2.9	6:58	3.4	12:44	0.7	12:58	0.5	4:40	7:30	
19	Mon	7:13	2.7	7:48	3.3	1:45	0.7	1:50	0.6	4:41	7:30	
20	Tue	8:10	2.6	8:41	3.3	2:42	0.7	2:41	0.7	4:42	7:29	
21	Wed	9:10	2.6	9:35	3.4	3:34	0.7	3:29	0.7	4:42	7:28	
22	Thu	10:06	2.6	10:24	3.4	4:22	0.6	4:16	0.7	4:43	7:27	
23	Fri	10:54	2.7	11:07	3.5	5:08	0.5	5:01	0.7	4:44	7:26	
24	Sat	11:38	2.8	11:47	3.6	5:52	0.4	5:46	0.6	4:45	7:26	
25	Sun			12:18	2.9	6:34	0.3	6:31	0.6	4:46	7:25	
26	Mon	12:23	3.6	12:56	3.0	7:15	0.2	7:13	0.5	4:47	7:24	
27	Tue	12:58	3.6	1:33	3.0	7:52	0.1	7:52	0.5	4:48	7:23	
28	Wed	1:32	3.5	2:09	3.1	8:27	0.1	8:30	0.5	4:49	7:22	
29	Thu	2:05	3.5	2:44	3.1	8:59	0.1	9:07	0.5	4:50	7:21	
30	Fri	2:43	3.4	3:22	3.2	9:31	0.2	9:46	0.6	4:51	7:20	
31	Sat	3:26	3.2	4:05	3.3	10:03	0.2	10:34	0.7	4:52	7:19	