US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1859

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:16	4.2	1:00	3.3	7:27	-0.3	7:24	-0.1	4:28	7:38	
2	Sat	1:10	4.2	1:57	3.4	8:16	-0.4	8:17	-0.1	4:28	7:37	
3	Sun	2:06	4.1	2:56	3.5	9:05	-0.4	9:11	-0.1	4:29	7:37	
4	Mon	3:05	3.9	3:55	3.6	9:53	-0.4	10:06	0.1	4:29	7:37	
5	Tue	4:05	3.7	4:52	3.6	10:44	-0.2	11:06	0.3	4:30	7:37	
6	Wed	5:02	3.5	5:45	3.6	11:39	-0.1			4:31	7:36	
7	Thu	5:56	3.3	6:37	3.6	12:12	0.4	12:36	0.1	4:31	7:36	
8	Fri	6:50	3.1	7:29	3.6	1:17	0.5	1:32	0.2	4:32	7:36	
9	Sat	7:47	2.9	8:25	3.5	2:19	0.5	2:27	0.3	4:33	7:35	
10	Sun	8:50	2.8	9:21	3.5	3:16	0.4	3:19	0.4	4:33	7:35	
11	Mon	9:50	2.7	10:12	3.6	4:08	0.4	4:08	0.5	4:34	7:35	
12	Tue	10:42	2.8	10:58	3.6	4:57	0.3	4:55	0.5	4:35	7:34	
13	Wed	11:29	2.9	11:41	3.6	5:44	0.3	5:41	0.5	4:36	7:34	
14	Thu			12:12	2.9	6:29	0.2	6:26	0.5	4:36	7:33	
15	Fri	12:21	3.6	12:53	2.9	7:11	0.2	7:10	0.5	4:37	7:32	
16	Sat	1:00	3.6	1:35	3.0	7:50	0.1	7:50	0.5	4:38	7:32	
17	Sun	1:38	3.5	2:16	3.0	8:26	0.2	8:28	0.6	4:39	7:31	
18	Mon	2:15	3.4	2:57	3.0	8:59	0.2	9:04	0.7	4:40	7:31	
19	Tue	2:51	3.2	3:36	3.0	9:30	0.3	9:39	0.8	4:40	7:30	
20	Wed	3:27	3.1	4:12	3.0	10:00	0.3	10:16	0.8	4:41	7:29	
21	Thu	4:06	3.0	4:47	3.1	10:30	0.4	11:04	0.9	4:42	7:28	
22	Fri	4:49	2.9	5:24	3.2	11:07	0.5			4:43	7:28	
23	Sat	5:37	2.8	6:07	3.3	12:12	0.9	11:56 AM	0.6	4:44	7:27	
24	Sun	6:30	2.7	6:59	3.4	1:26	0.9	1:00	0.6	4:45	7:26	
25	Mon	7:34	2.7	8:01	3.6	2:33	0.7	2:10	0.5	4:46	7:25	
26	Tue	8:49	2.8	9:12	3.7	3:33	0.5	3:15	0.4	4:47	7:24	
27	Wed	9:58	2.9	10:16	3.9	4:29	0.3	4:16	0.2	4:48	7:23	
28	Thu	10:57	3.2	11:12	4.1	5:23	0.0	5:16	0.1	4:49	7:22	
29	Fri	11:51	3.4			6:15	-0.2	6:14	-0.1	4:50	7:21	
30	Sat	12:05	4.2	12:44	3.6	7:06	-0.4	7:10	-0.2	4:51	7:20	
31	Sun	12:57	4.2	1:37	3.7	7:54	-0.5	8:03	-0.2	4:52	7:19	