US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1859

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:50	4.1	2:32	3.8	8:41	-0.5	8:55	-0.1	4:53	7:18	
2	Tue	2:45	3.9	3:28	3.8	9:27	-0.4	9:47	0.0	4:54	7:17	
3	Wed	3:41	3.7	4:23	3.8	10:14	-0.2	10:43	0.2	4:55	7:16	
4	Thu	4:37	3.4	5:16	3.7	11:05	0.0	11:45	0.4	4:56	7:14	
5	Fri	5:32	3.2	6:08	3.6			12:01	0.3	4:57	7:13	
6	Sat	6:26	3.0	6:59	3.5	12:50	0.6	1:00	0.5	4:58	7:12	
7	Sun	7:23	2.8	7:55	3.4	1:54	0.6	1:58	0.7	4:59	7:11	
8	Mon	8:25	2.7	8:54	3.4	2:53	0.6	2:54	0.7	5:00	7:09	
9	Tue	9:28	2.7	9:50	3.4	3:46	0.6	3:45	0.7	5:01	7:08	
10	Wed	10:22	2.8	10:38	3.5	4:34	0.5	4:33	0.7	5:02	7:07	
11	Thu	11:08	2.9	11:21	3.6	5:19	0.4	5:19	0.6	5:03	7:06	
12	Fri	11:49	3.0	11:59	3.6	6:01	0.3	6:03	0.5	5:04	7:04	
13	Sat			12:27	3.1	6:41	0.2	6:46	0.5	5:05	7:03	
14	Sun	12:35	3.6	1:04	3.2	7:18	0.2	7:26	0.5	5:06	7:01	
15	Mon	1:10	3.5	1:39	3.2	7:53	0.2	8:04	0.5	5:07	7:00	
16	Tue	1:42	3.4	2:11	3.2	8:25	0.2	8:39	0.6	5:08	6:59	
17	Wed	2:13	3.3	2:41	3.3	8:54	0.3	9:14	0.6	5:09	6:57	
18	Thu	2:46	3.2	3:12	3.3	9:21	0.3	9:49	0.7	5:10	6:56	
19	Fri	3:25	3.0	3:51	3.3	9:49	0.4	10:32	0.8	5:11	6:54	
20	Sat	4:13	2.9	4:37	3.4	10:25	0.5	11:36	0.9	5:12	6:53	
21	Sun	5:08	2.8	5:31	3.4	11:14	0.6			5:13	6:51	
22	Mon	6:08	2.7	6:31	3.5	12:57	0.9	12:26	0.7	5:14	6:50	
23	Tue	7:16	2.7	7:40	3.6	2:10	0.7	1:51	0.6	5:15	6:48	
24	Wed	8:33	2.9	8:56	3.7	3:13	0.5	3:03	0.5	5:16	6:47	
25	Thu	9:43	3.1	10:03	3.9	4:09	0.3	4:05	0.2	5:17	6:45	
26	Fri	10:42	3.4	10:59	4.1	5:01	0.0	5:04	0.0	5:18	6:43	
27	Sat	11:34	3.7	11:50	4.2	5:52	-0.2	6:00	-0.1	5:19	6:42	
28	Sun			12:24	3.9	6:41	-0.4	6:55	-0.2	5:20	6:40	
29	Mon	12:39	4.2	1:14	4.0	7:28	-0.5	7:46	-0.3	5:21	6:39	
30	Tue	1:29	4.0	2:04	4.1	8:14	-0.4	8:36	-0.2	5:22	6:37	
31	Wed	2:21	3.8	2:56	4.0	8:58	-0.3	9:26	0.0	5:24	6:35	