US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:00	2.6	6:07	2.4			12:38	0.7	7:27	4:39	
2	Mon	6:39	2.7	6:56	2.3	12:37	0.4	1:45	0.7	7:27	4:40	
3	Tue	7:26	2.8	7:56	2.3	1:35	0.4	2:45	0.5	7:27	4:41	
4	Wed	8:22	2.9	9:04	2.4	2:31	0.3	3:40	0.3	7:27	4:42	
5	Thu	9:23	3.1	10:04	2.5	3:26	0.2	4:31	0.1	7:27	4:43	
6	Fri	10:18	3.4	10:55	2.7	4:18	0.0	5:22	-0.2	7:27	4:44	
7	Sat	11:07	3.6	11:44	2.9	5:11	-0.2	6:12	-0.4	7:27	4:45	
8	Sun	11:56	3.8			6:05	-0.4	7:02	-0.6	7:26	4:46	
9	Mon	12:32	3.0	12:44	3.8	6:58	-0.5	7:49	-0.7	7:26	4:47	
10	Tue	1:23	3.2	1:35	3.8	7:50	-0.6	8:35	-0.8	7:26	4:48	
11	Wed	2:16	3.2	2:29	3.7	8:40	-0.6	9:20	-0.8	7:26	4:49	
12	Thu	3:12	3.3	3:25	3.5	9:32	-0.5	10:08	-0.6	7:26	4:50	
13	Fri	4:09	3.3	4:23	3.2	10:27	-0.3	11:00	-0.5	7:25	4:51	
14	Sat	5:06	3.3	5:20	3.0	11:30	-0.1	11:57	-0.3	7:25	4:52	
15	Sun	6:00	3.2	6:16	2.8			12:38	0.1	7:24	4:53	
16	Mon	6:55	3.2	7:15	2.6	12:58	-0.1	1:46	0.1	7:24	4:54	
17	Tue	7:54	3.1	8:21	2.5	1:59	0.0	2:48	0.1	7:23	4:56	
18	Wed	8:57	3.1	9:27	2.4	2:57	0.1	3:46	0.1	7:23	4:57	
19	Thu	9:56	3.1	10:25	2.5	3:51	0.1	4:38	0.0	7:22	4:58	
20	Fri	10:46	3.2	11:14	2.6	4:42	0.1	5:26	-0.1	7:22	4:59	
21	Sat	11:31	3.3	11:57	2.7	5:30	0.0	6:12	-0.2	7:21	5:00	
22	Sun			12:12	3.3	6:15	0.0	6:54	-0.2	7:20	5:02	
23	Mon	12:38	2.7	12:51	3.3	6:58	0.0	7:33	-0.3	7:20	5:03	
24	Tue	1:17	2.8	1:28	3.2	7:39	0.0	8:09	-0.3	7:19	5:04	
25	Wed	1:56	2.8	2:05	3.1	8:16	0.0	8:42	-0.2	7:18	5:05	
26	Thu	2:34	2.8	2:41	2.9	8:52	0.1	9:13	-0.1	7:17	5:07	
27	Fri	3:10	2.7	3:16	2.8	9:25	0.2	9:41	0.0	7:17	5:08	
28	Sat	3:45	2.7	3:52	2.6	9:59	0.3	10:08	0.1	7:16	5:09	
29	Sun	4:19	2.7	4:31	2.5	10:37	0.5	10:39	0.2	7:15	5:10	
30	Mon	4:55	2.7	5:16	2.4	11:32	0.6	11:22	0.3	7:14	5:12	
31	Tue	5:37	2.7	6:07	2.3			12:53	0.6	7:13	5:13	