US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:25	3.2	10:51	4.0	4:45	-0.1	4:51	-0.1	4:26	7:27	
2	Sat	11:18	3.2	11:38	4.0	5:38	-0.1	5:42	0.0	4:26	7:28	
3	Sun			12:08	3.2	6:29	-0.2	6:32	0.1	4:26	7:29	
4	Mon	12:24	4.0	12:58	3.1	7:18	-0.2	7:21	0.2	4:25	7:29	
5	Tue	1:10	3.8	1:49	3.1	8:05	-0.2	8:07	0.3	4:25	7:30	
6	Wed	1:58	3.7	2:41	3.0	8:49	-0.1	8:51	0.4	4:25	7:31	
7	Thu	2:47	3.5	3:34	2.9	9:31	0.1	9:35	0.6	4:24	7:31	
8	Fri	3:38	3.3	4:25	2.9	10:14	0.2	10:21	0.8	4:24	7:32	
9	Sat	4:28	3.2	5:13	2.9	10:58	0.4	11:14	0.9	4:24	7:32	
10	Sun	5:15	3.0	5:57	2.9	11:45	0.5			4:24	7:33	
11	Mon	6:00	2.9	6:40	3.0	12:15	1.0	12:34	0.6	4:24	7:34	
12	Tue	6:45	2.7	7:23	3.0	1:16	1.0	1:22	0.6	4:24	7:34	
13	Wed	7:34	2.6	8:10	3.1	2:13	0.9	2:09	0.6	4:24	7:34	
14	Thu	8:30	2.6	8:58	3.2	3:05	0.8	2:55	0.6	4:24	7:35	
15	Fri	9:27	2.6	9:44	3.4	3:54	0.6	3:40	0.5	4:24	7:35	
16	Sat	10:18	2.7	10:27	3.6	4:41	0.4	4:25	0.4	4:24	7:36	
17	Sun	11:04	2.8	11:07	3.7	5:29	0.3	5:11	0.4	4:24	7:36	
18	Mon	11:48	2.9	11:48	3.8	6:16	0.1	6:00	0.3	4:24	7:36	
19	Tue			12:32	3.0	7:03	0.0	6:50	0.2	4:24	7:37	
20	Wed	12:31	3.9	1:19	3.1	7:49	-0.2	7:39	0.1	4:24	7:37	
21	Thu	1:18	3.9	2:11	3.2	8:33	-0.2	8:28	0.1	4:24	7:37	
22	Fri	2:10	3.9	3:06	3.2	9:18	-0.2	9:19	0.1	4:25	7:37	
23	Sat	3:07	3.7	4:04	3.4	10:04	-0.2	10:13	0.2	4:25	7:37	
24	Sun	4:06	3.6	5:00	3.5	10:55	-0.1	11:16	0.3	4:25	7:38	
25	Mon	5:05	3.4	5:54	3.6	11:51	0.0			4:26	7:38	
26	Tue	6:01	3.3	6:47	3.7	12:25	0.4	12:49	0.0	4:26	7:38	
27	Wed	6:58	3.1	7:43	3.7	1:33	0.4	1:48	0.1	4:26	7:38	
28	Thu	8:01	3.0	8:42	3.7	2:36	0.3	2:45	0.1	4:27	7:38	
29	Fri	9:08	2.9	9:41	3.8	3:34	0.2	3:39	0.2	4:27	7:38	
30	Sat	10:10	3.0	10:34	3.8	4:29	0.1	4:32	0.2	4:28	7:38	