US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:04**	3.0	**11:22**	3.8	**5:21**	0.1	**5:23**	0.2	4:28	7:37	
2	Mon	**11:54**	3.1			**6:11**	0.0	**6:13**	0.3	4:29	7:37	
3	Tue	**12:08**	3.8	**12:41**	3.1	**6:59**	0.0	**7:01**	0.3	4:29	7:37	
4	Wed	**12:52**	3.7	**1:27**	3.1	**7:43**	0.0	**7:46**	0.4	4:30	7:37	
5	Thu	**1:36**	3.6	**2:14**	3.0	**8:24**	0.0	**8:28**	0.5	4:30	7:37	
6	Fri	**2:20**	3.5	**3:01**	3.0	**9:02**	0.1	**9:09**	0.6	4:31	7:36	
7	Sat	**3:04**	3.3	**3:47**	3.0	**9:38**	0.2	**9:49**	0.7	4:32	7:36	
8	Sun	**3:49**	3.2	**4:32**	3.0	**10:14**	0.3	**10:32**	0.8	4:32	7:36	
9	Mon	**4:33**	3.0	**5:13**	3.0	**10:50**	0.5	**11:24**	1.0	4:33	7:35	
10	Tue	**5:16**	2.8	**5:52**	3.1	**11:29**	0.6			4:34	7:35	
11	Wed	**5:58**	2.7	**6:29**	3.1	**12:25**	1.0	**12:14**	0.7	4:35	7:34	
12	Thu	**6:42**	2.6	**7:10**	3.1	**1:28**	1.0	**1:08**	0.7	4:35	7:34	
13	Fri	**7:36**	2.6	**7:59**	3.2	**2:27**	0.9	**2:04**	0.7	4:36	7:33	
14	Sat	**8:40**	2.6	**8:56**	3.4	**3:21**	0.7	**2:59**	0.6	4:37	7:33	
15	Sun	**9:43**	2.7	**9:52**	3.6	**4:12**	0.5	**3:52**	0.5	4:38	7:32	
16	Mon	**10:36**	2.8	**10:43**	3.8	**5:01**	0.3	**4:45**	0.4	4:39	7:31	
17	Tue	**11:24**	3.0	**11:30**	4.0	**5:51**	0.1	**5:38**	0.2	4:39	7:31	
18	Wed			**12:11**	3.2	**6:39**	-0.1	**6:32**	0.1	4:40	7:30	
19	Thu	**12:17**	4.1	**12:59**	3.4	**7:26**	-0.3	**7:25**	-0.1	4:41	7:29	
20	Fri	**1:06**	4.1	**1:50**	3.5	**8:11**	-0.4	**8:16**	-0.1	4:42	7:29	
21	Sat	**1:58**	4.0	**2:45**	3.6	**8:56**	-0.4	**9:07**	-0.1	4:43	7:28	
22	Sun	**2:53**	3.8	**3:41**	3.7	**9:41**	-0.3	**10:00**	0.1	4:44	7:27	
23	Mon	**3:50**	3.6	**4:37**	3.8	**10:29**	-0.2	**11:00**	0.2	4:45	7:26	
24	Tue	**4:48**	3.4	**5:32**	3.8	**11:23**	0.0			4:46	7:25	
25	Wed	**5:45**	3.2	**6:26**	3.7	**12:06**	0.4	**12:22**	0.1	4:47	7:24	
26	Thu	**6:43**	3.0	**7:22**	3.7	**1:14**	0.5	**1:24**	0.3	4:48	7:23	
27	Fri	**7:45**	2.9	**8:22**	3.6	**2:18**	0.4	**2:25**	0.4	4:49	7:22	
28	Sat	**8:53**	2.8	**9:24**	3.6	**3:18**	0.4	**3:22**	0.4	4:50	7:21	
29	Sun	**9:56**	2.9	**10:19**	3.6	**4:12**	0.3	**4:15**	0.4	4:51	7:20	
30	Mon	**10:50**	3.0	**11:07**	3.7	**5:03**	0.2	**5:06**	0.4	4:51	7:19	
31	Tue	**11:37**	3.1	**11:51**	3.7	**5:50**	0.2	**5:54**	0.4	4:52	7:18	