US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:20	3.1	6:35	0.1	6:40	0.4	4:53	7:17	
2	Thu	12:31	3.7	1:01	3.2	7:16	0.1	7:23	0.4	4:54	7:16	
3	Fri	1:11	3.6	1:42	3.2	7:54	0.1	8:04	0.4	4:55	7:15	
4	Sat	1:50	3.5	2:22	3.2	8:29	0.1	8:42	0.5	4:56	7:13	
5	Sun	2:28	3.3	3:02	3.2	9:01	0.2	9:19	0.6	4:57	7:12	
6	Mon	3:07	3.2	3:41	3.2	9:31	0.3	9:56	0.8	4:59	7:11	
7	Tue	3:47	3.0	4:18	3.1	9:59	0.5	10:36	0.9	5:00	7:10	
8	Wed	4:29	2.8	4:54	3.1	10:28	0.6	11:29	1.0	5:01	7:08	
9	Thu	5:12	2.7	5:32	3.2	11:06	0.7			5:02	7:07	
10	Fri	5:59	2.6	6:15	3.2	12:39	1.0	12:00	0.8	5:03	7:06	
11	Sat	6:53	2.6	7:09	3.3	1:48	1.0	1:14	0.8	5:04	7:05	
12	Sun	8:00	2.6	8:15	3.4	2:49	0.8	2:26	0.7	5:05	7:03	
13	Mon	9:10	2.7	9:24	3.6	3:43	0.6	3:28	0.6	5:06	7:02	
14	Tue	10:10	3.0	10:22	3.8	4:34	0.3	4:25	0.3	5:07	7:00	
15	Wed	11:01	3.3	11:13	4.0	5:23	0.1	5:20	0.1	5:08	6:59	
16	Thu	11:49	3.6			6:12	-0.2	6:15	-0.1	5:09	6:58	
17	Fri	12:01	4.2	12:37	3.8	6:59	-0.3	7:09	-0.2	5:10	6:56	
18	Sat	12:49	4.1	1:26	3.9	7:45	-0.5	8:01	-0.3	5:11	6:55	
19	Sun	1:40	4.0	2:19	4.0	8:30	-0.5	8:51	-0.2	5:12	6:53	
20	Mon	2:33	3.8	3:13	4.0	9:15	-0.4	9:44	0.0	5:13	6:52	
21	Tue	3:31	3.6	4:10	3.9	10:02	-0.2	10:40	0.2	5:14	6:50	
22	Wed	4:30	3.4	5:07	3.8	10:55	0.1	11:44	0.4	5:15	6:49	
23	Thu	5:30	3.2	6:04	3.7	11:56	0.4			5:16	6:47	
24	Fri	6:29	3.0	7:01	3.6	12:53	0.5	1:02	0.6	5:17	6:45	
25	Sat	7:31	2.9	8:03	3.5	1:59	0.6	2:07	0.7	5:18	6:44	
26	Sun	8:38	2.8	9:05	3.5	2:59	0.5	3:06	0.7	5:19	6:42	
27	Mon	9:40	2.9	10:01	3.5	3:52	0.5	3:59	0.6	5:20	6:41	
28	Tue	10:32	3.1	10:48	3.6	4:40	0.4	4:47	0.5	5:21	6:39	
29	Wed	11:16	3.2	11:29	3.6	5:24	0.3	5:33	0.5	5:22	6:37	
30	Thu	11:55	3.3			6:05	0.2	6:17	0.4	5:23	6:36	
31	Fri	12:07	3.6	12:32	3.4	6:43	0.2	6:59	0.4	5:24	6:34	