US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1930

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:33	3.8	2:20	3.0	8:51	-0.1	8:40	0.1	5:52	7:52	
2	Fri	2:21	3.7	3:18	2.9	9:38	0.0	9:25	0.2	5:51	7:54	
3	Sat	3:18	3.6	4:23	2.9	10:32	0.1	10:20	0.4	5:50	7:55	
4	Sun	4:25	3.5	5:27	2.9	11:36	0.2	11:33	0.5	5:48	7:56	
5	Mon	5:33	3.4	6:28	3.0			12:44	0.2	5:47	7:57	
6	Tue	6:38	3.3	7:30	3.1	12:53	0.5	1:48	0.2	5:46	7:58	
7	Wed	7:44	3.2	8:33	3.3	2:05	0.4	2:45	0.0	5:45	7:59	
8	Thu	8:51	3.2	9:32	3.5	3:07	0.2	3:37	-0.1	5:43	8:00	
9	Fri	9:51	3.3	10:24	3.7	4:04	0.1	4:26	-0.2	5:42	8:01	
10	Sat	10:43	3.3	11:09	3.9	4:56	-0.1	5:12	-0.2	5:41	8:02	
11	Sun	11:30	3.3	11:52	3.9	5:47	-0.2	5:58	-0.2	5:40	8:03	
12	Mon			12:15	3.3	6:35	-0.2	6:43	-0.1	5:39	8:04	
13	Tue	12:33	3.9	1:00	3.2	7:22	-0.2	7:25	0.1	5:38	8:05	
14	Wed	1:14	3.8	1:46	3.0	8:06	-0.1	8:06	0.3	5:37	8:06	
15	Thu	1:55	3.6	2:35	2.9	8:48	0.0	8:45	0.5	5:36	8:07	
16	Fri	2:40	3.4	3:27	2.8	9:29	0.2	9:24	0.6	5:35	8:08	
17	Sat	3:29	3.3	4:21	2.7	10:13	0.3	10:04	0.8	5:34	8:09	
18	Sun	4:21	3.1	5:13	2.6	11:01	0.5	10:54	1.0	5:33	8:10	
19	Mon	5:12	3.0	6:01	2.6	11:55	0.6			5:32	8:11	
20	Tue	6:00	2.9	6:48	2.7	12:02	1.1	12:51	0.7	5:31	8:12	
21	Wed	6:48	2.8	7:36	2.8	1:11	1.1	1:43	0.6	5:30	8:13	
22	Thu	7:40	2.8	8:26	2.9	2:12	1.0	2:30	0.5	5:29	8:14	
23	Fri	8:35	2.8	9:13	3.1	3:05	0.8	3:14	0.4	5:29	8:15	
24	Sat	9:29	2.8	9:55	3.3	3:53	0.6	3:55	0.3	5:28	8:16	
25	Sun	10:17	2.9	10:33	3.6	4:40	0.4	4:36	0.2	5:27	8:17	
26	Mon	11:01	3.0	11:10	3.8	5:27	0.2	5:19	0.2	5:27	8:18	
27	Tue	11:44	3.1	11:49	3.9	6:15	0.0	6:04	0.1	5:26	8:19	
28	Wed			12:29	3.1	7:03	-0.1	6:52	0.1	5:25	8:19	
29	Thu	12:32	4.0	1:17	3.1	7:51	-0.2	7:41	0.0	5:25	8:20	
30	Fri	1:20	4.0	2:13	3.1	8:39	-0.2	8:30	0.1	5:24	8:21	
31	Sat	2:15	3.9	3:15	3.1	9:28	-0.2	9:22	0.2	5:24	8:22	