US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1945

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:29	3.5	6:16	3.3			12:17	0.1	5:24	8:34	
2	Mon	6:27	3.4	7:10	3.4	12:43	0.5	1:15	0.1	5:25	8:34	
3	Tue	7:24	3.3	8:04	3.6	1:55	0.5	2:15	0.1	5:25	8:33	
4	Wed	8:24	3.2	9:04	3.7	3:02	0.4	3:13	0.0	5:26	8:33	
5	Thu	9:30	3.2	10:06	3.8	4:04	0.2	4:09	0.0	5:26	8:33	
6	Fri	10:36	3.2	11:04	3.9	5:02	0.1	5:04	-0.1	5:27	8:33	
7	Sat	11:35	3.3	11:57	4.0	5:57	-0.1	5:57	-0.1	5:28	8:32	
8	Sun			12:29	3.3	6:51	-0.2	6:50	0.0	5:28	8:32	
9	Mon	12:47	4.0	1:21	3.3	7:43	-0.3	7:42	0.0	5:29	8:32	
10	Tue	1:34	4.0	2:12	3.3	8:32	-0.3	8:32	0.1	5:30	8:31	
11	Wed	2:22	3.9	3:04	3.3	9:18	-0.2	9:19	0.2	5:30	8:31	
12	Thu	3:11	3.7	3:56	3.2	10:02	-0.1	10:04	0.4	5:31	8:30	
13	Fri	4:01	3.5	4:48	3.2	10:45	0.0	10:48	0.5	5:32	8:30	
14	Sat	4:51	3.3	5:38	3.1	11:28	0.2	11:36	0.7	5:33	8:29	
15	Sun	5:40	3.2	6:24	3.1			12:13	0.4	5:34	8:29	
16	Mon	6:26	3.0	7:08	3.1	12:30	0.9	1:01	0.5	5:34	8:28	
17	Tue	7:11	2.8	7:52	3.1	1:30	0.9	1:50	0.6	5:35	8:27	
18	Wed	7:57	2.7	8:38	3.2	2:30	0.9	2:40	0.7	5:36	8:27	
19	Thu	8:49	2.6	9:28	3.2	3:26	0.9	3:28	0.7	5:37	8:26	
20	Fri	9:48	2.6	10:19	3.3	4:17	0.7	4:15	0.7	5:38	8:25	
21	Sat	10:45	2.7	11:06	3.5	5:06	0.6	5:01	0.6	5:39	8:24	
22	Sun	11:34	2.8	11:48	3.6	5:52	0.4	5:47	0.5	5:40	8:24	
23	Mon			12:18	2.9	6:39	0.3	6:33	0.4	5:41	8:23	
24	Tue	12:28	3.8	12:59	3.0	7:25	0.1	7:21	0.3	5:41	8:22	
25	Wed	1:07	3.9	1:40	3.1	8:10	-0.1	8:08	0.2	5:42	8:21	
26	Thu	1:48	3.9	2:24	3.2	8:53	-0.2	8:55	0.2	5:43	8:20	
27	Fri	2:34	3.9	3:12	3.3	9:35	-0.2	9:42	0.1	5:44	8:19	
28	Sat	3:23	3.8	4:04	3.4	10:18	-0.2	10:30	0.2	5:45	8:18	
29	Sun	4:18	3.7	5:00	3.5	11:02	-0.2	11:25	0.3	5:46	8:17	
30	Mon	5:15	3.6	5:56	3.6	11:52	-0.1			5:47	8:16	
31	Tue	6:13	3.4	6:51	3.6	12:29	0.4	12:48	0.1	5:48	8:15	