

Poughkeepsie, NY - Mar 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:17	3.0	12:33	3.2	6:44	-0.1	7:05	-0.2	6:30	5:45	
2	Sat	12:51	3.1	1:07	3.1	7:24	-0.1	7:40	-0.2	6:28	5:47	
3	Sun	1:23	3.1	1:40	3.1	8:01	-0.1	8:12	-0.2	6:27	5:48	
4	Mon	1:51	3.1	2:11	3.0	8:36	-0.1	8:42	-0.1	6:25	5:49	
5	Tue	2:18	3.1	2:44	2.8	9:09	0.0	9:10	0.0	6:24	5:50	
6	Wed	2:49	3.1	3:22	2.7	9:43	0.1	9:41	0.1	6:22	5:51	
7	Thu	3:29	3.1	4:10	2.6	10:24	0.2	10:19	0.2	6:20	5:52	
8	Fri	4:20	3.1	5:06	2.6	11:24	0.4	11:13	0.3	6:19	5:54	
9	Sat	5:18	3.1	6:07	2.6			12:45	0.4	6:17	5:55	
10	Sun	6:22	3.1	7:15	2.6	12:36	0.3	1:58	0.3	6:15	5:56	
11	Mon	7:35	3.1	8:29	2.8	1:59	0.2	3:01	0.1	6:14	5:57	
12	Tue	8:52	3.3	9:37	3.1	3:08	0.0	3:57	-0.2	6:12	5:58	
13	Wed	10:00	3.5	10:35	3.4	4:08	-0.3	4:49	-0.4	6:10	5:59	
14	Thu	10:56	3.6	11:26	3.7	5:05	-0.5	5:40	-0.7	6:09	6:00	
15	Fri	11:47	3.8			6:00	-0.7	6:30	-0.8	6:07	6:02	
16	Sat	12:15	3.9	12:36	3.8	6:53	-0.8	7:18	-0.8	6:05	6:03	
17	Sun	1:04	3.9	1:26	3.7	7:43	-0.8	8:05	-0.8	6:04	6:04	
18	Mon	1:53	3.9	2:17	3.5	8:32	-0.7	8:50	-0.6	6:02	6:05	
19	Tue	2:44	3.8	3:11	3.3	9:20	-0.5	9:36	-0.3	6:00	6:06	
20	Wed	3:37	3.6	4:07	3.1	10:09	-0.3	10:24	0.0	5:58	6:07	
21	Thu	4:31	3.3	5:03	2.9	11:04	0.0	11:18	0.3	5:57	6:08	
22	Fri	5:25	3.1	5:58	2.7			12:05	0.3	5:55	6:09	
23	Sat	6:18	3.0	6:52	2.6	12:21	0.5	1:08	0.4	5:53	6:10	
24	Sun	7:13	2.8	7:50	2.6	1:26	0.6	2:07	0.4	5:52	6:12	
25	Mon	8:13	2.8	8:49	2.6	2:26	0.6	3:01	0.4	5:50	6:13	
26	Tue	9:12	2.8	9:44	2.8	3:19	0.5	3:48	0.3	5:48	6:14	
27	Wed	10:04	2.9	10:30	2.9	4:07	0.4	4:31	0.2	5:47	6:15	
28	Thu	10:48	3.0	11:10	3.1	4:53	0.2	5:11	0.1	5:45	6:16	
29	Fri	11:28	3.1	11:45	3.3	5:36	0.1	5:51	0.0	5:43	6:17	
30	Sat			12:04	3.2	6:18	0.0	6:29	-0.1	5:41	6:18	
31	Sun	12:18	3.3	12:39	3.1	6:59	-0.1	7:06	-0.1	5:40	6:19	