

Poughkeepsie, NY - Jul 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:39	3.9	4:32	3.6	10:36	-0.4	10:48	0.0	5:24	8:34	
2	Tue	4:39	3.8	5:30	3.6	11:26	-0.3	11:47	0.1	5:25	8:34	
3	Wed	5:39	3.6	6:26	3.7			12:21	-0.2	5:25	8:33	
4	Thu	6:37	3.4	7:20	3.7	12:52	0.3	1:20	0.0	5:26	8:33	
5	Fri	7:33	3.2	8:16	3.7	1:59	0.3	2:20	0.1	5:27	8:33	
6	Sat	8:33	3.1	9:14	3.7	3:04	0.3	3:18	0.1	5:27	8:33	
7	Sun	9:37	3.0	10:13	3.7	4:03	0.3	4:13	0.2	5:28	8:32	
8	Mon	10:40	3.0	11:07	3.7	4:58	0.2	5:05	0.2	5:28	8:32	
9	Tue	11:35	3.0	11:56	3.8	5:50	0.1	5:55	0.2	5:29	8:32	
10	Wed			12:24	3.1	6:39	0.0	6:44	0.3	5:30	8:31	
11	Thu	12:40	3.8	1:09	3.1	7:25	0.0	7:30	0.3	5:31	8:31	
12	Fri	1:22	3.8	1:53	3.2	8:09	0.0	8:15	0.3	5:31	8:30	
13	Sat	2:03	3.7	2:37	3.1	8:50	0.0	8:57	0.4	5:32	8:30	
14	Sun	2:44	3.6	3:20	3.1	9:28	0.0	9:37	0.5	5:33	8:29	
15	Mon	3:26	3.4	4:04	3.1	10:04	0.1	10:15	0.6	5:34	8:28	
16	Tue	4:08	3.3	4:48	3.1	10:38	0.2	10:53	0.7	5:35	8:28	
17	Wed	4:50	3.1	5:30	3.1	11:11	0.4	11:35	0.8	5:35	8:27	
18	Thu	5:32	3.0	6:09	3.1	11:45	0.5			5:36	8:27	
19	Fri	6:14	2.9	6:46	3.1	12:27	0.9	12:25	0.6	5:37	8:26	
20	Sat	6:56	2.8	7:24	3.2	1:31	1.0	1:17	0.6	5:38	8:25	
21	Sun	7:44	2.7	8:09	3.3	2:36	0.9	2:18	0.6	5:39	8:24	
22	Mon	8:43	2.7	9:06	3.4	3:35	0.8	3:19	0.6	5:40	8:23	
23	Tue	9:50	2.8	10:08	3.6	4:30	0.6	4:17	0.4	5:41	8:23	
24	Wed	10:52	2.9	11:06	3.8	5:21	0.3	5:12	0.3	5:42	8:22	
25	Thu	11:46	3.2	11:58	4.0	6:12	0.1	6:07	0.1	5:43	8:21	
26	Fri			12:36	3.4	7:02	-0.2	7:02	-0.1	5:43	8:20	
27	Sat	12:48	4.2	1:26	3.6	7:52	-0.4	7:56	-0.2	5:44	8:19	
28	Sun	1:37	4.2	2:18	3.7	8:40	-0.5	8:49	-0.3	5:45	8:18	
29	Mon	2:29	4.1	3:12	3.8	9:27	-0.5	9:41	-0.3	5:46	8:17	
30	Tue	3:24	4.0	4:09	3.9	10:14	-0.5	10:33	-0.1	5:47	8:16	
31	Wed	4:22	3.8	5:07	3.9	11:02	-0.4	11:29	0.0	5:48	8:15	