US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1959

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:10	2.8	9:37	3.3	3:34	0.6	3:30	0.5	5:24	8:34	
2	Thu	10:03	2.8	10:22	3.4	4:21	0.5	4:14	0.5	5:25	8:34	
3	Fri	10:50	2.9	11:03	3.5	5:06	0.4	4:58	0.4	5:25	8:33	
4	Sat	11:33	3.0	11:40	3.6	5:50	0.3	5:41	0.4	5:26	8:33	
5	Sun			12:14	3.0	6:33	0.2	6:25	0.4	5:26	8:33	
6	Mon	12:14	3.6	12:54	3.0	7:15	0.1	7:08	0.3	5:27	8:33	
7	Tue	12:47	3.6	1:33	3.1	7:55	0.0	7:48	0.3	5:27	8:32	
8	Wed	1:19	3.6	2:13	3.1	8:32	0.0	8:28	0.3	5:28	8:32	
9	Thu	1:56	3.6	2:55	3.1	9:09	0.0	9:08	0.4	5:29	8:32	
10	Fri	2:38	3.5	3:41	3.2	9:46	0.1	9:51	0.4	5:30	8:31	
11	Sat	3:28	3.4	4:30	3.3	10:27	0.1	10:44	0.5	5:30	8:31	
12	Sun	4:24	3.3	5:21	3.4	11:16	0.2	11:51	0.5	5:31	8:30	
13	Mon	5:22	3.2	6:13	3.5			12:16	0.2	5:32	8:30	
14	Tue	6:21	3.2	7:09	3.7	1:04	0.5	1:20	0.2	5:33	8:29	
15	Wed	7:25	3.1	8:11	3.8	2:11	0.4	2:23	0.1	5:33	8:29	
16	Thu	8:36	3.1	9:17	3.9	3:13	0.2	3:22	0.0	5:34	8:28	
17	Fri	9:46	3.2	10:17	4.1	4:11	0.0	4:19	-0.1	5:35	8:28	
18	Sat	10:46	3.4	11:11	4.2	5:06	-0.2	5:15	-0.1	5:36	8:27	
19	Sun	11:41	3.5			6:00	-0.3	6:10	-0.2	5:37	8:26	
20	Mon	12:02	4.2	12:34	3.6	6:52	-0.4	7:04	-0.2	5:38	8:25	
21	Tue	12:52	4.1	1:26	3.6	7:41	-0.5	7:54	-0.1	5:38	8:25	
22	Wed	1:43	4.0	2:19	3.5	8:27	-0.4	8:43	0.0	5:39	8:24	
23	Thu	2:34	3.8	3:12	3.5	9:12	-0.3	9:30	0.2	5:40	8:23	
24	Fri	3:25	3.6	4:04	3.4	9:55	-0.1	10:19	0.4	5:41	8:22	
25	Sat	4:17	3.4	4:53	3.3	10:40	0.2	11:12	0.6	5:42	8:21	
26	Sun	5:07	3.2	5:40	3.3	11:28	0.4			5:43	8:20	
27	Mon	5:55	3.0	6:26	3.2	12:11	0.8	12:19	0.6	5:44	8:19	
28	Tue	6:43	2.9	7:12	3.2	1:11	0.8	1:11	0.7	5:45	8:18	
29	Wed	7:35	2.7	8:03	3.2	2:08	0.8	2:04	0.7	5:46	8:17	
30	Thu	8:32	2.7	8:57	3.2	3:01	0.8	2:54	0.7	5:47	8:16	
31	Fri	9:30	2.8	9:48	3.3	3:49	0.6	3:41	0.6	5:48	8:15	