

Poughkeepsie, NY - Mar 1967

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:04	3.5	4:27	3.0	10:35	-0.3	10:52	-0.2	6:31	5:45	
2	Thu	5:00	3.4	5:26	2.8	11:39	0.0	11:53	0.0	6:29	5:46	
3	Fri	5:57	3.2	6:26	2.6			12:48	0.2	6:27	5:47	
4	Sat	6:57	3.1	7:31	2.5	1:02	0.2	1:57	0.2	6:26	5:48	
5	Sun	8:02	3.0	8:42	2.5	2:10	0.3	3:01	0.2	6:24	5:50	
6	Mon	9:11	3.0	9:47	2.5	3:12	0.3	3:56	0.1	6:23	5:51	
7	Tue	10:10	3.0	10:40	2.7	4:07	0.3	4:46	0.0	6:21	5:52	
8	Wed	10:58	3.1	11:24	2.9	4:57	0.2	5:31	-0.1	6:19	5:53	
9	Thu	11:40	3.2			5:43	0.1	6:13	-0.1	6:18	5:54	
10	Fri	12:03	3.0	12:18	3.3	6:27	0.0	6:52	-0.2	6:16	5:55	
11	Sat	12:40	3.1	12:55	3.2	7:08	-0.1	7:27	-0.2	6:14	5:56	
12	Sun	1:14	3.1	1:31	3.1	7:46	-0.1	8:00	-0.1	6:13	5:58	
13	Mon	1:48	3.1	2:06	3.0	8:22	0.0	8:30	-0.1	6:11	5:59	
14	Tue	2:19	3.1	2:40	2.8	8:56	0.1	8:58	0.1	6:09	6:00	
15	Wed	2:47	3.0	3:16	2.7	9:29	0.2	9:22	0.2	6:08	6:01	
16	Thu	3:16	3.0	3:54	2.5	10:01	0.4	9:49	0.3	6:06	6:02	
17	Fri	3:49	2.9	4:38	2.4	10:40	0.5	10:23	0.5	6:04	6:03	
18	Sat	4:33	2.9	5:28	2.3	11:43	0.6	11:13	0.6	6:03	6:04	
19	Sun	5:26	2.9	6:26	2.3			1:08	0.6	6:01	6:05	
20	Mon	6:28	2.9	7:34	2.3	12:34	0.7	2:19	0.5	5:59	6:07	
21	Tue	7:42	3.0	8:48	2.5	2:06	0.6	3:18	0.3	5:57	6:08	
22	Wed	9:02	3.1	9:51	2.8	3:14	0.3	4:10	0.1	5:56	6:09	
23	Thu	10:06	3.4	10:43	3.2	4:13	0.0	4:59	-0.2	5:54	6:10	
24	Fri	10:59	3.6	11:30	3.5	5:09	-0.3	5:47	-0.5	5:52	6:11	
25	Sat	11:48	3.7			6:02	-0.5	6:34	-0.6	5:51	6:12	
26	Sun	12:16	3.8	12:35	3.8	6:55	-0.7	7:20	-0.7	5:49	6:13	
27	Mon	1:03	4.0	1:24	3.7	7:46	-0.7	8:05	-0.7	5:47	6:14	
28	Tue	1:52	4.0	2:16	3.5	8:35	-0.7	8:50	-0.6	5:46	6:15	
29	Wed	2:43	3.9	3:12	3.3	9:25	-0.5	9:36	-0.3	5:44	6:17	
30	Thu	3:38	3.7	4:12	3.0	10:18	-0.3	10:27	0.0	5:42	6:18	
31	Fri	4:36	3.5	5:13	2.8	11:18	0.0	11:29	0.3	5:40	6:19	