

Poughkeepsie, NY - Jan 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:01	3.0	1:20	3.7	7:28	-0.3	8:11	-0.6	7:22	4:35	
2	Tue	1:55	3.0	2:11	3.6	8:17	-0.2	8:57	-0.5	7:22	4:36	
3	Wed	2:49	2.9	3:03	3.4	9:04	-0.1	9:42	-0.4	7:22	4:37	
4	Thu	3:43	2.8	3:55	3.2	9:51	0.1	10:27	-0.2	7:23	4:38	
5	Fri	4:35	2.8	4:46	3.0	10:42	0.3	11:14	0.0	7:23	4:38	
6	Sat	5:24	2.8	5:34	2.8	11:39	0.5			7:22	4:39	
7	Sun	6:09	2.7	6:21	2.6	12:03	0.2	12:42	0.6	7:22	4:40	
8	Mon	6:55	2.7	7:10	2.4	12:54	0.3	1:43	0.6	7:22	4:41	
9	Tue	7:43	2.7	8:06	2.3	1:44	0.4	2:40	0.5	7:22	4:42	
10	Wed	8:36	2.8	9:05	2.3	2:33	0.4	3:31	0.4	7:22	4:43	
11	Thu	9:29	2.9	10:00	2.3	3:20	0.3	4:19	0.3	7:22	4:44	
12	Fri	10:17	3.0	10:48	2.4	4:06	0.3	5:05	0.2	7:21	4:46	
13	Sat	10:58	3.1	11:31	2.5	4:51	0.2	5:50	0.0	7:21	4:47	
14	Sun	11:36	3.2			5:35	0.1	6:34	-0.1	7:21	4:48	
15	Mon	12:10	2.6	12:11	3.3	6:20	0.0	7:16	-0.2	7:20	4:49	
16	Tue	12:48	2.7	12:47	3.4	7:04	-0.1	7:55	-0.3	7:20	4:50	
17	Wed	1:27	2.7	1:24	3.4	7:46	-0.1	8:33	-0.4	7:19	4:51	
18	Thu	2:08	2.8	2:06	3.3	8:27	-0.2	9:11	-0.4	7:19	4:52	
19	Fri	2:52	2.8	2:52	3.2	9:10	-0.1	9:49	-0.3	7:18	4:54	
20	Sat	3:41	2.9	3:44	3.1	9:57	-0.1	10:31	-0.2	7:18	4:55	
21	Sun	4:33	3.0	4:39	2.9	10:54	0.1	11:22	-0.1	7:17	4:56	
22	Mon	5:26	3.1	5:37	2.8			12:04	0.2	7:16	4:57	
23	Tue	6:22	3.2	6:37	2.6	12:23	-0.1	1:19	0.2	7:16	4:58	
24	Wed	7:22	3.2	7:46	2.5	1:30	0.0	2:29	0.1	7:15	5:00	
25	Thu	8:30	3.2	9:02	2.5	2:36	0.0	3:32	0.0	7:14	5:01	
26	Fri	9:39	3.3	10:11	2.6	3:37	-0.1	4:30	-0.2	7:13	5:02	
27	Sat	10:38	3.5	11:08	2.8	4:35	-0.2	5:24	-0.4	7:13	5:03	
28	Sun	11:31	3.6			5:30	-0.3	6:16	-0.5	7:12	5:05	
29	Mon	12:00	2.9	12:19	3.6	6:23	-0.3	7:05	-0.6	7:11	5:06	
30	Tue	12:48	3.0	1:05	3.6	7:13	-0.4	7:50	-0.6	7:10	5:07	
31	Wed	1:35	3.0	1:51	3.4	7:59	-0.3	8:31	-0.5	7:09	5:08	