

Poughkeepsie, NY - Jun 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:03	3.2	5:28	2.7	11:22	0.4	11:00	0.8	5:23	8:23	
2	Sun	4:54	3.2	6:14	2.7			12:08	0.5	5:22	8:24	
3	Mon	5:49	3.1	6:59	2.9			1:02	0.5	5:22	8:25	
4	Tue	6:45	3.1	7:46	3.1	1:08	0.8	1:59	0.4	5:22	8:25	
5	Wed	7:42	3.1	8:38	3.3	2:25	0.7	2:54	0.3	5:21	8:26	
6	Thu	8:45	3.1	9:36	3.6	3:31	0.5	3:47	0.2	5:21	8:27	
7	Fri	9:53	3.1	10:34	3.9	4:31	0.2	4:39	0.0	5:21	8:27	
8	Sat	10:58	3.1	11:28	4.1	5:28	0.0	5:31	-0.1	5:21	8:28	
9	Sun	11:56	3.2			6:24	-0.2	6:25	-0.1	5:20	8:29	
10	Mon	12:20	4.2	12:51	3.3	7:19	-0.3	7:20	-0.2	5:20	8:29	
11	Tue	1:12	4.3	1:47	3.3	8:13	-0.4	8:16	-0.1	5:20	8:30	
12	Wed	2:06	4.2	2:45	3.3	9:05	-0.4	9:10	0.0	5:20	8:30	
13	Thu	3:02	4.0	3:47	3.2	9:56	-0.4	10:02	0.1	5:20	8:31	
14	Fri	4:01	3.8	4:49	3.2	10:46	-0.2	10:56	0.3	5:20	8:31	
15	Sat	5:01	3.6	5:47	3.2	11:38	-0.1	11:54	0.5	5:20	8:31	
16	Sun	5:57	3.4	6:41	3.2			12:33	0.1	5:20	8:32	
17	Mon	6:50	3.3	7:31	3.2	12:58	0.7	1:28	0.2	5:20	8:32	
18	Tue	7:40	3.1	8:19	3.2	2:02	0.7	2:21	0.4	5:20	8:33	
19	Wed	8:31	2.9	9:08	3.2	3:02	0.7	3:10	0.4	5:20	8:33	
20	Thu	9:26	2.8	9:58	3.3	3:56	0.7	3:55	0.5	5:20	8:33	
21	Fri	10:21	2.7	10:46	3.4	4:46	0.6	4:38	0.5	5:21	8:33	
22	Sat	11:12	2.7	11:29	3.5	5:32	0.5	5:20	0.5	5:21	8:33	
23	Sun	11:58	2.8			6:17	0.4	6:02	0.5	5:21	8:34	
24	Mon	12:08	3.5	12:41	2.8	7:01	0.3	6:44	0.5	5:22	8:34	
25	Tue	12:45	3.6	1:23	2.8	7:45	0.2	7:28	0.5	5:22	8:34	
26	Wed	1:20	3.6	2:04	2.8	8:27	0.2	8:10	0.5	5:22	8:34	
27	Thu	1:53	3.5	2:46	2.8	9:06	0.2	8:50	0.5	5:23	8:34	
28	Fri	2:27	3.5	3:28	2.8	9:44	0.2	9:29	0.6	5:23	8:34	
29	Sat	3:03	3.5	4:12	2.8	10:20	0.2	10:07	0.6	5:24	8:34	
30	Sun	3:46	3.4	4:57	2.9	10:57	0.2	10:49	0.6	5:24	8:34	