

Poughkeepsie, NY - Aug 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:03	3.1	6:50	3.6	12:29	0.6	12:40	0.3	5:50	8:13	
2	Fri	7:01	3.0	7:45	3.7	1:42	0.6	1:45	0.4	5:51	8:12	
3	Sat	8:04	2.9	8:47	3.7	2:53	0.5	2:53	0.4	5:52	8:11	
4	Sun	9:17	2.9	9:56	3.8	3:58	0.4	3:59	0.3	5:53	8:10	
5	Mon	10:31	3.0	11:02	3.9	4:58	0.2	5:00	0.2	5:54	8:09	
6	Tue	11:36	3.1	11:59	4.0	5:54	0.1	5:58	0.2	5:55	8:07	
7	Wed			12:31	3.3	6:48	-0.1	6:54	0.1	5:56	8:06	
8	Thu	12:50	4.1	1:22	3.4	7:39	-0.2	7:48	0.1	5:57	8:05	
9	Fri	1:39	4.0	2:12	3.5	8:27	-0.3	8:38	0.1	5:58	8:04	
10	Sat	2:27	3.9	3:01	3.5	9:11	-0.2	9:25	0.2	5:59	8:02	
11	Sun	3:14	3.8	3:49	3.5	9:52	-0.1	10:10	0.3	6:00	8:01	
12	Mon	4:02	3.6	4:37	3.4	10:31	0.0	10:55	0.5	6:01	7:59	
13	Tue	4:51	3.3	5:24	3.4	11:10	0.3	11:44	0.7	6:02	7:58	
14	Wed	5:40	3.1	6:09	3.3	11:50	0.5			6:03	7:57	
15	Thu	6:28	2.9	6:53	3.2	12:40	0.9	12:34	0.7	6:04	7:55	
16	Fri	7:16	2.7	7:38	3.2	1:41	1.0	1:26	0.9	6:05	7:54	
17	Sat	8:08	2.6	8:27	3.1	2:43	1.0	2:24	1.0	6:06	7:52	
18	Sun	9:07	2.5	9:25	3.1	3:41	0.9	3:22	1.0	6:07	7:51	
19	Mon	10:10	2.6	10:24	3.2	4:32	0.8	4:16	0.9	6:08	7:49	
20	Tue	11:05	2.7	11:14	3.4	5:19	0.7	5:05	0.8	6:09	7:48	
21	Wed	11:51	2.9	11:56	3.5	6:04	0.5	5:53	0.6	6:10	7:46	
22	Thu			12:31	3.1	6:47	0.3	6:39	0.5	6:11	7:45	
23	Fri	12:33	3.7	1:09	3.2	7:28	0.2	7:25	0.4	6:12	7:43	
24	Sat	1:09	3.8	1:45	3.4	8:08	0.1	8:09	0.2	6:13	7:42	
25	Sun	1:45	3.8	2:22	3.5	8:46	0.0	8:53	0.2	6:14	7:40	
26	Mon	2:24	3.7	3:02	3.6	9:22	-0.1	9:37	0.2	6:15	7:39	
27	Tue	3:06	3.6	3:46	3.7	9:59	0.0	10:22	0.2	6:16	7:37	
28	Wed	3:55	3.5	4:37	3.7	10:37	0.1	11:13	0.3	6:17	7:35	
29	Thu	4:50	3.3	5:32	3.7	11:20	0.2			6:18	7:34	
30	Fri	5:51	3.1	6:30	3.7	12:15	0.5	12:16	0.4	6:19	7:32	
31	Sat	6:54	3.0	7:31	3.7	1:27	0.6	1:29	0.5	6:20	7:30	