

Poughkeepsie, NY - Nov 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:51	3.4	10:07	3.3	3:50	0.1	4:18	0.3	6:28	4:50	
2	Sat	10:36	3.5	10:52	3.3	4:34	0.1	5:05	0.2	6:29	4:49	
3	Sun	11:15	3.7	11:32	3.3	5:15	0.1	5:50	0.2	6:30	4:48	
4	Mon	11:51	3.7			5:54	0.1	6:33	0.1	6:31	4:46	
5	Tue	12:11	3.2	12:25	3.7	6:32	0.2	7:15	0.1	6:33	4:45	
6	Wed	12:50	3.1	12:58	3.6	7:09	0.3	7:55	0.2	6:34	4:44	
7	Thu	1:29	3.0	1:31	3.5	7:44	0.4	8:33	0.3	6:35	4:43	
8	Fri	2:11	2.8	2:04	3.4	8:17	0.5	9:11	0.4	6:36	4:42	
9	Sat	2:57	2.7	2:39	3.2	8:49	0.6	9:50	0.5	6:38	4:41	
10	Sun	3:49	2.6	3:21	3.1	9:21	0.8	10:34	0.7	6:39	4:40	
11	Mon	4:43	2.5	4:12	3.0	9:59	0.9	11:29	0.7	6:40	4:39	
12	Tue	5:34	2.5	5:08	3.0	10:51	1.0			6:41	4:38	
13	Wed	6:21	2.6	6:02	2.9	12:31	0.7	12:13	1.0	6:42	4:37	
14	Thu	7:09	2.7	6:58	3.0	1:29	0.6	1:32	0.9	6:44	4:36	
15	Fri	8:00	2.9	7:59	3.0	2:20	0.5	2:35	0.7	6:45	4:35	
16	Sat	8:53	3.2	9:01	3.1	3:06	0.3	3:30	0.4	6:46	4:34	
17	Sun	9:42	3.5	9:57	3.2	3:51	0.1	4:23	0.1	6:47	4:33	
18	Mon	10:29	3.8	10:48	3.3	4:35	-0.1	5:15	-0.1	6:48	4:33	
19	Tue	11:14	4.1	11:37	3.4	5:22	-0.2	6:07	-0.3	6:50	4:32	
20	Wed			12:00	4.2	6:11	-0.3	7:00	-0.4	6:51	4:31	
21	Thu	12:26	3.4	12:49	4.2	7:02	-0.3	7:52	-0.5	6:52	4:31	
22	Fri	1:20	3.3	1:43	4.1	7:54	-0.3	8:43	-0.4	6:53	4:30	
23	Sat	2:20	3.2	2:43	3.9	8:46	-0.1	9:36	-0.3	6:54	4:29	
24	Sun	3:25	3.1	3:47	3.7	9:40	0.1	10:32	-0.1	6:55	4:29	
25	Mon	4:33	3.0	4:52	3.5	10:42	0.3	11:34	0.0	6:57	4:28	
26	Tue	5:35	3.0	5:51	3.3	11:52	0.5			6:58	4:28	
27	Wed	6:33	3.0	6:48	3.2	12:37	0.1	1:02	0.5	6:59	4:27	
28	Thu	7:30	3.0	7:45	3.0	1:37	0.1	2:07	0.5	7:00	4:27	
29	Fri	8:26	3.1	8:43	2.9	2:30	0.1	3:04	0.4	7:01	4:26	
30	Sat	9:20	3.2	9:37	2.9	3:18	0.1	3:56	0.3	7:02	4:26	