

Poughkeepsie, NY - Dec 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:06	3.3	10:26	2.9	4:01	0.1	4:43	0.2	7:03	4:26	
2	Mon	10:47	3.4	11:09	2.9	4:42	0.1	5:27	0.1	7:04	4:26	
3	Tue	11:24	3.5	11:49	2.8	5:22	0.2	6:11	0.1	7:05	4:25	
4	Wed			12:00	3.5	6:01	0.2	6:53	0.0	7:06	4:25	
5	Thu	12:29	2.8	12:34	3.4	6:41	0.2	7:34	0.0	7:07	4:25	
6	Fri	1:09	2.7	1:07	3.4	7:20	0.3	8:13	0.1	7:08	4:25	
7	Sat	1:50	2.7	1:40	3.3	7:56	0.3	8:50	0.1	7:09	4:25	
8	Sun	2:34	2.6	2:14	3.1	8:31	0.4	9:27	0.2	7:10	4:25	
9	Mon	3:20	2.5	2:51	3.1	9:05	0.5	10:05	0.3	7:11	4:25	
10	Tue	4:08	2.5	3:36	3.0	9:41	0.6	10:46	0.3	7:12	4:25	
11	Wed	4:54	2.5	4:27	2.9	10:26	0.7	11:35	0.4	7:12	4:25	
12	Thu	5:38	2.6	5:20	2.9	11:30	0.7			7:13	4:25	
13	Fri	6:22	2.7	6:15	2.8	12:31	0.3	12:50	0.6	7:14	4:25	
14	Sat	7:11	2.9	7:14	2.8	1:27	0.3	2:01	0.5	7:15	4:25	
15	Sun	8:07	3.2	8:20	2.8	2:21	0.1	3:04	0.2	7:16	4:26	
16	Mon	9:06	3.5	9:27	2.9	3:13	0.0	4:01	0.0	7:16	4:26	
17	Tue	10:02	3.7	10:27	3.0	4:05	-0.2	4:56	-0.3	7:17	4:26	
18	Wed	10:55	3.9	11:22	3.1	4:58	-0.3	5:51	-0.4	7:17	4:27	
19	Thu	11:46	4.0			5:52	-0.4	6:46	-0.6	7:18	4:27	
20	Fri	12:16	3.1	12:39	4.0	6:48	-0.5	7:38	-0.7	7:19	4:28	
21	Sat	1:11	3.1	1:33	3.9	7:42	-0.5	8:29	-0.7	7:19	4:28	
22	Sun	2:10	3.1	2:31	3.8	8:35	-0.4	9:19	-0.6	7:20	4:29	
23	Mon	3:11	3.0	3:30	3.6	9:27	-0.2	10:10	-0.4	7:20	4:29	
24	Tue	4:12	3.0	4:29	3.3	10:23	0.0	11:03	-0.2	7:20	4:30	
25	Wed	5:10	3.0	5:24	3.1	11:25	0.2			7:21	4:30	
26	Thu	6:03	2.9	6:17	2.9	12:00	-0.1	12:31	0.4	7:21	4:31	
27	Fri	6:55	2.9	7:09	2.7	12:56	0.1	1:36	0.4	7:21	4:32	
28	Sat	7:47	2.9	8:05	2.5	1:50	0.2	2:36	0.4	7:22	4:32	
29	Sun	8:40	2.9	9:04	2.5	2:40	0.2	3:29	0.3	7:22	4:33	
30	Mon	9:32	3.0	9:58	2.5	3:26	0.2	4:18	0.2	7:22	4:34	
31	Tue	10:19	3.1	10:46	2.5	4:10	0.2	5:04	0.1	7:22	4:35	