

Poughkeepsie, NY - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:58	3.2	11:27	2.6	4:50	0.2	5:46	0.1	7:22	4:36	
2	Thu	11:37	3.2			5:33	0.2	6:29	0.0	7:22	4:36	
3	Fri	12:08	2.6	12:14	3.2	6:16	0.1	7:10	-0.1	7:23	4:37	
4	Sat	12:47	2.6	12:48	3.2	6:58	0.1	7:49	-0.1	7:23	4:38	
5	Sun	1:27	2.6	1:21	3.2	7:37	0.1	8:25	-0.1	7:22	4:39	
6	Mon	2:06	2.6	1:52	3.1	8:13	0.1	9:00	-0.1	7:22	4:40	
7	Tue	2:44	2.6	2:26	3.1	8:48	0.2	9:32	-0.1	7:22	4:41	
8	Wed	3:23	2.6	3:05	3.0	9:24	0.2	10:05	0.0	7:22	4:42	
9	Thu	4:04	2.7	3:51	2.9	10:05	0.3	10:41	0.1	7:22	4:43	
10	Fri	4:48	2.8	4:43	2.8	10:58	0.4	11:26	0.1	7:22	4:44	
11	Sat	5:35	2.9	5:39	2.6			12:12	0.4	7:21	4:45	
12	Sun	6:27	3.0	6:39	2.5	12:27	0.1	1:31	0.3	7:21	4:46	
13	Mon	7:27	3.1	7:49	2.5	1:36	0.1	2:41	0.2	7:21	4:47	
14	Tue	8:35	3.3	9:07	2.5	2:42	0.0	3:43	0.0	7:20	4:49	
15	Wed	9:44	3.5	10:16	2.7	3:44	-0.1	4:42	-0.3	7:20	4:50	
16	Thu	10:44	3.7	11:15	2.9	4:43	-0.3	5:37	-0.5	7:19	4:51	
17	Fri	11:39	3.8			5:41	-0.4	6:31	-0.7	7:19	4:52	
18	Sat	12:09	3.0	12:31	3.9	6:37	-0.5	7:22	-0.8	7:18	4:53	
19	Sun	1:02	3.1	1:22	3.8	7:30	-0.6	8:10	-0.8	7:18	4:54	
20	Mon	1:55	3.2	2:14	3.7	8:21	-0.5	8:55	-0.8	7:17	4:56	
21	Tue	2:49	3.2	3:06	3.5	9:09	-0.4	9:40	-0.6	7:17	4:57	
22	Wed	3:42	3.1	3:58	3.2	9:59	-0.2	10:25	-0.4	7:16	4:58	
23	Thu	4:34	3.0	4:49	3.0	10:52	0.1	11:12	-0.1	7:15	4:59	
24	Fri	5:22	3.0	5:39	2.7	11:51	0.3			7:14	5:01	
25	Sat	6:10	2.9	6:29	2.5	12:03	0.1	12:54	0.4	7:14	5:02	
26	Sun	6:57	2.8	7:23	2.3	12:57	0.3	1:57	0.5	7:13	5:03	
27	Mon	7:50	2.7	8:23	2.2	1:52	0.4	2:55	0.4	7:12	5:04	
28	Tue	8:50	2.7	9:25	2.2	2:46	0.4	3:47	0.3	7:11	5:06	
29	Wed	9:47	2.8	10:19	2.3	3:36	0.4	4:35	0.2	7:10	5:07	
30	Thu	10:36	2.9	11:06	2.5	4:24	0.3	5:20	0.1	7:09	5:08	
31	Fri	11:18	3.0	11:47	2.6	5:10	0.2	6:03	0.0	7:08	5:09	