

Poughkeepsie, NY - May 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:18	3.8	12:38	3.2	7:07	-0.2	7:12	-0.1	5:52	7:53	
2	Fri	12:57	4.0	1:22	3.3	7:56	-0.3	7:58	-0.1	5:50	7:54	
3	Sat	1:39	4.1	2:10	3.2	8:44	-0.4	8:44	-0.1	5:49	7:55	
4	Sun	2:27	4.0	3:03	3.1	9:33	-0.4	9:32	0.0	5:48	7:56	
5	Mon	3:20	3.9	4:05	3.0	10:23	-0.3	10:22	0.1	5:46	7:57	
6	Tue	4:22	3.8	5:12	3.0	11:17	-0.1	11:21	0.3	5:45	7:58	
7	Wed	5:29	3.6	6:17	3.0			12:19	0.0	5:44	8:00	
8	Thu	6:33	3.5	7:18	3.0	12:31	0.4	1:25	0.1	5:43	8:01	
9	Fri	7:34	3.3	8:18	3.1	1:46	0.5	2:28	0.1	5:42	8:02	
10	Sat	8:35	3.2	9:19	3.2	2:55	0.5	3:25	0.1	5:41	8:03	
11	Sun	9:37	3.2	10:17	3.4	3:57	0.4	4:17	0.0	5:39	8:04	
12	Mon	10:36	3.1	11:07	3.5	4:52	0.2	5:04	0.0	5:38	8:05	
13	Tue	11:27	3.1	11:51	3.7	5:42	0.1	5:48	0.0	5:37	8:06	
14	Wed			12:13	3.1	6:30	0.1	6:31	0.1	5:36	8:07	
15	Thu	12:30	3.7	12:55	3.1	7:16	0.0	7:12	0.2	5:35	8:08	
16	Fri	1:07	3.7	1:37	3.0	8:00	0.0	7:53	0.3	5:34	8:09	
17	Sat	1:43	3.7	2:19	3.0	8:42	0.0	8:32	0.4	5:33	8:10	
18	Sun	2:19	3.6	3:04	2.8	9:22	0.1	9:09	0.5	5:32	8:11	
19	Mon	2:56	3.4	3:51	2.7	10:01	0.2	9:44	0.6	5:32	8:12	
20	Tue	3:35	3.3	4:42	2.7	10:39	0.3	10:19	0.7	5:31	8:13	
21	Wed	4:17	3.1	5:33	2.6	11:20	0.5	10:56	0.9	5:30	8:14	
22	Thu	5:04	3.0	6:20	2.6			12:06	0.6	5:29	8:15	
23	Fri	5:52	2.9	7:04	2.7			12:59	0.6	5:28	8:16	
24	Sat	6:39	2.9	7:47	2.8	12:50	1.0	1:53	0.6	5:28	8:16	
25	Sun	7:28	2.9	8:32	2.9	2:05	1.0	2:44	0.6	5:27	8:17	
26	Mon	8:22	2.8	9:20	3.1	3:09	0.8	3:32	0.5	5:26	8:18	
27	Tue	9:24	2.9	10:11	3.4	4:06	0.6	4:18	0.3	5:26	8:19	
28	Wed	10:26	2.9	10:59	3.7	4:59	0.3	5:03	0.2	5:25	8:20	
29	Thu	11:22	3.0	11:46	4.0	5:51	0.1	5:51	0.1	5:24	8:21	
30	Fri			12:13	3.1	6:44	-0.1	6:41	0.0	5:24	8:22	
31	Sat	12:33	4.1	1:04	3.2	7:37	-0.3	7:34	-0.1	5:23	8:22	