

Poughkeepsie, NY - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:19	2.9	5:31	3.3	11:10	0.8			6:52	6:38	
2	Thu	6:14	2.8	6:24	3.2	12:18	0.8	11:57 AM	1.0	6:53	6:36	
3	Fri	7:08	2.7	7:17	3.1	1:22	0.9	1:03	1.1	6:54	6:34	
4	Sat	8:03	2.6	8:12	3.0	2:26	1.0	2:15	1.2	6:55	6:33	
5	Sun	9:01	2.7	9:12	3.0	3:23	0.9	3:18	1.1	6:56	6:31	
6	Mon	9:58	2.8	10:08	3.1	4:11	0.8	4:11	1.0	6:57	6:29	
7	Tue	10:48	3.0	10:56	3.2	4:54	0.6	4:59	0.8	6:59	6:28	
8	Wed	11:30	3.2	11:37	3.4	5:34	0.4	5:43	0.6	7:00	6:26	
9	Thu			12:06	3.5	6:11	0.3	6:27	0.4	7:01	6:24	
10	Fri	12:12	3.4	12:38	3.6	6:49	0.2	7:10	0.3	7:02	6:23	
11	Sat	12:46	3.5	1:09	3.8	7:26	0.1	7:54	0.1	7:03	6:21	
12	Sun	1:20	3.5	1:42	3.9	8:03	0.1	8:37	0.1	7:04	6:19	
13	Mon	1:57	3.4	2:18	3.9	8:40	0.1	9:21	0.1	7:05	6:18	
14	Tue	2:38	3.3	3:01	3.9	9:19	0.2	10:06	0.2	7:06	6:16	
15	Wed	3:28	3.1	3:53	3.8	9:59	0.3	10:56	0.3	7:07	6:15	
16	Thu	4:29	3.0	4:57	3.7	10:47	0.4	11:57	0.4	7:09	6:13	
17	Fri	5:41	2.9	6:06	3.6	11:50	0.6			7:10	6:11	
18	Sat	6:50	2.9	7:14	3.5	1:09	0.5	1:14	0.7	7:11	6:10	
19	Sun	7:57	3.0	8:20	3.5	2:19	0.5	2:33	0.7	7:12	6:08	
20	Mon	9:04	3.1	9:27	3.5	3:21	0.3	3:41	0.5	7:13	6:07	
21	Tue	10:08	3.4	10:29	3.6	4:16	0.1	4:40	0.3	7:14	6:05	
22	Wed	11:04	3.6	11:22	3.6	5:06	0.0	5:33	0.1	7:16	6:04	
23	Thu	11:51	3.8			5:53	-0.1	6:24	0.0	7:17	6:02	
24	Fri	12:09	3.6	12:34	4.0	6:38	-0.2	7:13	-0.1	7:18	6:01	
25	Sat	12:53	3.6	1:14	4.0	7:21	-0.1	8:00	-0.1	7:19	6:00	
26	Sun	1:37	3.5	12:53	3.9	7:03	0.0	7:45	0.0	6:20	4:58	
27	Mon	1:20	3.3	1:33	3.8	7:43	0.1	8:27	0.1	6:21	4:57	
28	Tue	2:06	3.1	2:13	3.6	8:21	0.3	9:10	0.3	6:23	4:56	
29	Wed	2:56	2.9	2:58	3.4	8:58	0.5	9:53	0.5	6:24	4:54	
30	Thu	3:49	2.8	3:49	3.2	9:34	0.7	10:41	0.7	6:25	4:53	
31	Fri	4:45	2.7	4:43	3.1	10:15	0.9	11:38	0.8	6:26	4:52	