

Poughkeepsie, NY - Feb 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:17	3.0	7:47	2.3	1:21	0.3	2:44	0.3	7:07	5:10	
2	Mon	8:31	3.1	9:09	2.4	2:38	0.2	3:46	0.0	7:06	5:12	
3	Tue	9:43	3.4	10:18	2.7	3:44	0.0	4:42	-0.2	7:05	5:13	
4	Wed	10:44	3.6	11:14	2.9	4:44	-0.3	5:36	-0.5	7:04	5:14	
5	Thu	11:37	3.8			5:41	-0.5	6:27	-0.7	7:03	5:15	
6	Fri	12:06	3.2	12:28	3.9	6:37	-0.7	7:16	-0.9	7:02	5:17	
7	Sat	12:56	3.4	1:18	3.8	7:30	-0.7	8:03	-1.0	7:01	5:18	
8	Sun	1:48	3.5	2:09	3.7	8:20	-0.7	8:47	-0.9	7:00	5:19	
9	Mon	2:40	3.5	3:01	3.5	9:09	-0.6	9:32	-0.7	6:59	5:21	
10	Tue	3:33	3.4	3:54	3.2	10:00	-0.4	10:17	-0.5	6:57	5:22	
11	Wed	4:26	3.3	4:49	3.0	10:55	-0.1	11:07	-0.2	6:56	5:23	
12	Thu	5:17	3.1	5:42	2.7	11:57	0.1			6:55	5:24	
13	Fri	6:09	3.0	6:37	2.5	12:03	0.1	1:04	0.3	6:53	5:26	
14	Sat	7:03	2.8	7:37	2.3	1:04	0.3	2:09	0.4	6:52	5:27	
15	Sun	8:03	2.7	8:42	2.3	2:06	0.5	3:08	0.3	6:51	5:28	
16	Mon	9:09	2.7	9:44	2.3	3:04	0.5	4:01	0.3	6:49	5:29	
17	Tue	10:06	2.8	10:35	2.5	3:56	0.4	4:48	0.2	6:48	5:31	
18	Wed	10:53	3.0	11:19	2.6	4:43	0.3	5:31	0.0	6:47	5:32	
19	Thu	11:33	3.1	11:58	2.8	5:29	0.2	6:12	-0.1	6:45	5:33	
20	Fri			12:09	3.1	6:12	0.1	6:50	-0.2	6:44	5:34	
21	Sat	12:35	2.9	12:42	3.1	6:53	0.0	7:25	-0.2	6:42	5:36	
22	Sun	1:10	3.0	1:13	3.1	7:31	-0.1	7:58	-0.2	6:41	5:37	
23	Mon	1:42	3.0	1:42	3.0	8:07	-0.1	8:28	-0.2	6:39	5:38	
24	Tue	2:11	3.0	2:11	2.9	8:41	0.0	8:55	-0.1	6:38	5:39	
25	Wed	2:40	3.0	2:43	2.8	9:15	0.0	9:20	0.0	6:36	5:40	
26	Thu	3:13	3.0	3:23	2.6	9:51	0.1	9:49	0.1	6:35	5:42	
27	Fri	3:55	3.0	4:13	2.5	10:36	0.3	10:27	0.2	6:33	5:43	
28	Sat	4:46	3.0	5:12	2.4	11:42	0.4	11:24	0.4	6:32	5:44	