

Poughkeepsie, NY - Apr 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:57	3.2	8:42	2.9	2:14	0.4	3:02	0.1	5:38	6:20	
2	Thu	9:09	3.3	9:46	3.2	3:20	0.1	3:57	-0.2	5:37	6:21	
3	Fri	10:11	3.5	10:40	3.5	4:19	-0.1	4:47	-0.4	5:35	6:22	
4	Sat	11:03	3.6	11:28	3.8	5:14	-0.3	5:36	-0.5	5:33	6:23	
5	Sun	11:51	3.6			6:06	-0.5	6:23	-0.6	5:32	6:24	
6	Mon	12:13	3.9	12:37	3.6	6:57	-0.5	7:08	-0.5	5:30	6:26	
7	Tue	12:57	3.9	1:24	3.5	7:45	-0.5	7:52	-0.4	5:28	6:27	
8	Wed	1:41	3.8	2:13	3.3	8:30	-0.4	8:34	-0.2	5:27	6:28	
9	Thu	2:26	3.6	3:05	3.0	9:15	-0.2	9:14	0.1	5:25	6:29	
10	Fri	3:14	3.4	3:59	2.8	10:02	0.0	9:56	0.4	5:23	6:30	
11	Sat	4:05	3.2	4:54	2.7	10:53	0.3	10:43	0.7	5:22	6:31	
12	Sun	4:59	3.0	5:48	2.6	11:53	0.5	11:44	0.9	5:20	6:32	
13	Mon	5:53	2.8	6:41	2.5			12:57	0.6	5:18	6:33	
14	Tue	6:48	2.7	7:37	2.5	12:55	1.0	1:56	0.6	5:17	6:34	
15	Wed	7:47	2.7	8:34	2.6	2:01	0.9	2:48	0.6	5:15	6:35	
16	Thu	8:48	2.7	9:28	2.8	2:57	0.8	3:33	0.5	5:14	6:36	
17	Fri	9:41	2.8	10:13	3.0	3:46	0.6	4:14	0.4	5:12	6:38	
18	Sat	10:26	2.9	10:52	3.2	4:32	0.4	4:53	0.2	5:11	6:39	
19	Sun	11:05	3.0	11:26	3.4	5:16	0.3	5:30	0.2	5:09	6:40	
20	Mon	11:40	3.0	11:57	3.6	5:59	0.1	6:08	0.1	5:07	6:41	
21	Tue			12:14	3.1	6:42	0.0	6:46	0.1	5:06	6:42	
22	Wed	12:27	3.6	12:49	3.0	7:24	-0.1	7:23	0.1	5:04	6:43	
23	Thu	1:00	3.7	1:27	3.0	8:05	-0.1	8:00	0.1	5:03	6:44	
24	Fri	1:37	3.7	2:11	2.9	8:47	-0.1	8:39	0.2	5:02	6:45	
25	Sat	2:23	3.6	3:05	2.8	9:32	0.0	9:22	0.3	5:00	6:46	
26	Sun	4:18	3.5	5:09	2.8	11:23	0.1	11:14	0.4	5:59	7:47	
27	Mon	5:23	3.4	6:14	2.8			12:25	0.2	5:57	7:48	
28	Tue	6:30	3.4	7:17	2.9	12:27	0.5	1:34	0.2	5:56	7:50	
29	Wed	7:34	3.3	8:20	3.0	1:50	0.5	2:39	0.2	5:55	7:51	
30	Thu	8:40	3.3	9:24	3.2	3:03	0.4	3:37	0.0	5:53	7:52	