

Poughkeepsie, NY - Sep 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:24	3.5	1:53	3.4	8:07	0.2	8:15	0.4	6:21	7:30	●
2	Wed	1:56	3.5	2:27	3.4	8:41	0.2	8:53	0.4	6:22	7:28	●
3	Thu	2:26	3.4	2:59	3.4	9:12	0.3	9:29	0.5	6:23	7:26	●
4	Fri	2:55	3.2	3:28	3.4	9:40	0.4	10:03	0.6	6:24	7:25	●
5	Sat	3:25	3.1	3:59	3.4	10:05	0.5	10:38	0.7	6:25	7:23	●
6	Sun	4:02	3.0	4:37	3.4	10:31	0.6	11:19	0.8	6:26	7:21	●
7	Mon	4:50	2.8	5:25	3.4	11:05	0.7			6:27	7:20	●
8	Tue	5:48	2.7	6:22	3.4	12:18	0.9	11:52 AM	0.8	6:28	7:18	●
9	Wed	6:52	2.7	7:24	3.4	1:39	0.9	1:10	0.9	6:29	7:16	●
10	Thu	8:01	2.7	8:34	3.5	2:54	0.8	2:45	0.8	6:30	7:14	●
11	Fri	9:18	2.9	9:49	3.7	3:57	0.6	3:58	0.6	6:31	7:13	●
12	Sat	10:29	3.1	10:54	3.9	4:52	0.3	4:59	0.3	6:32	7:11	○
13	Sun	11:27	3.5	11:49	4.1	5:43	0.0	5:56	0.1	6:33	7:09	○
14	Mon			12:18	3.8	6:32	-0.2	6:51	-0.1	6:34	7:07	○
15	Tue	12:39	4.2	1:06	4.1	7:21	-0.4	7:45	-0.2	6:35	7:06	○
16	Wed	1:27	4.1	1:54	4.2	8:08	-0.5	8:37	-0.3	6:36	7:04	○
17	Thu	2:16	4.0	2:43	4.2	8:54	-0.4	9:27	-0.2	6:37	7:02	○
18	Fri	3:07	3.8	3:34	4.1	9:38	-0.3	10:16	0.0	6:38	7:01	○
19	Sat	4:02	3.6	4:27	3.9	10:23	0.0	11:08	0.2	6:39	6:59	○
20	Sun	5:00	3.3	5:23	3.7	11:09	0.3			6:40	6:57	○
21	Mon	5:59	3.1	6:19	3.5	12:06	0.5	12:03	0.6	6:41	6:55	○
22	Tue	6:56	2.9	7:15	3.3	1:11	0.7	1:07	0.9	6:42	6:54	●
23	Wed	7:53	2.8	8:12	3.2	2:18	0.8	2:14	1.0	6:43	6:52	●
24	Thu	8:53	2.8	9:13	3.2	3:19	0.8	3:17	1.0	6:44	6:50	●
25	Fri	9:53	2.9	10:12	3.2	4:11	0.7	4:11	0.9	6:46	6:48	●
26	Sat	10:46	3.0	11:02	3.3	4:57	0.6	4:59	0.8	6:47	6:47	●
27	Sun	11:31	3.2	11:44	3.4	5:38	0.5	5:44	0.6	6:48	6:45	●
28	Mon			12:10	3.4	6:16	0.4	6:27	0.5	6:49	6:43	●
29	Tue	12:21	3.4	12:46	3.5	6:53	0.3	7:09	0.4	6:50	6:41	●
30	Wed	12:54	3.4	1:18	3.6	7:29	0.3	7:49	0.4	6:51	6:40	●