

Poughkeepsie, NY - Oct 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:26	3.4	1:48	3.6	8:03	0.3	8:28	0.3	6:52	6:38	●
2	Fri	1:55	3.3	2:16	3.6	8:36	0.3	9:06	0.4	6:53	6:36	●
3	Sat	2:25	3.2	2:44	3.6	9:06	0.4	9:42	0.4	6:54	6:35	●
4	Sun	2:57	3.0	3:17	3.6	9:35	0.5	10:21	0.5	6:55	6:33	◐
5	Mon	3:38	2.9	4:01	3.5	10:06	0.6	11:05	0.6	6:56	6:31	◐
6	Tue	4:32	2.8	4:57	3.5	10:44	0.7			6:57	6:30	◐
7	Wed	5:39	2.7	6:04	3.4	12:04	0.7	11:38 AM	0.8	6:58	6:28	◐
8	Thu	6:48	2.7	7:12	3.4	1:20	0.7	1:07	0.9	6:59	6:26	◐
9	Fri	7:56	2.9	8:21	3.5	2:32	0.6	2:38	0.8	7:00	6:25	◐
10	Sat	9:06	3.1	9:31	3.6	3:33	0.4	3:47	0.5	7:02	6:23	◐
11	Sun	10:12	3.4	10:35	3.7	4:27	0.2	4:47	0.3	7:03	6:21	○
12	Mon	11:09	3.7	11:30	3.8	5:17	-0.1	5:42	0.0	7:04	6:20	○
13	Tue	11:58	4.0			6:05	-0.3	6:36	-0.2	7:05	6:18	○
14	Wed	12:19	3.9	12:45	4.2	6:53	-0.4	7:28	-0.3	7:06	6:17	○
15	Thu	1:07	3.9	1:30	4.3	7:40	-0.4	8:19	-0.3	7:07	6:15	○
16	Fri	1:55	3.8	2:16	4.2	8:26	-0.3	9:08	-0.2	7:08	6:13	○
17	Sat	2:45	3.6	3:03	4.0	9:11	-0.1	9:55	0.0	7:09	6:12	○
18	Sun	3:38	3.3	3:54	3.8	9:55	0.2	10:44	0.2	7:11	6:10	○
19	Mon	4:36	3.1	4:50	3.5	10:40	0.5	11:37	0.4	7:12	6:09	○
20	Tue	5:35	2.9	5:48	3.3	11:29	0.7			7:13	6:07	○
21	Wed	6:33	2.8	6:44	3.2	12:38	0.6	12:30	1.0	7:14	6:06	○
22	Thu	7:28	2.8	7:39	3.1	1:42	0.7	1:39	1.1	7:15	6:04	◐
23	Fri	8:22	2.8	8:34	3.0	2:42	0.8	2:44	1.0	7:16	6:03	◐
24	Sat	9:17	2.9	9:30	3.0	3:33	0.7	3:41	0.9	7:18	6:01	◐
25	Sun	9:10	3.0	9:23	3.0	3:18	0.6	3:30	0.8	6:19	5:00	◐
26	Mon	9:56	3.2	10:08	3.1	3:58	0.5	4:15	0.6	6:20	4:59	◐
27	Tue	10:36	3.4	10:48	3.1	4:36	0.4	4:58	0.5	6:21	4:57	◐
28	Wed	11:11	3.5	11:23	3.2	5:13	0.3	5:41	0.3	6:22	4:56	◐
29	Thu	11:43	3.7	11:57	3.2	5:49	0.3	6:23	0.2	6:24	4:54	◐
30	Fri			12:12	3.7	6:26	0.3	7:05	0.2	6:25	4:53	●
31	Sat	12:29	3.1	12:42	3.7	7:02	0.3	7:46	0.1	6:26	4:52	●