

Poughkeepsie, NY - Jan 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:11	3.1	3:29	3.5	9:34	-0.2	10:11	-0.5	7:22	4:35	
2	Sat	4:10	3.1	4:27	3.3	10:31	-0.1	11:03	-0.4	7:22	4:36	
3	Sun	5:07	3.2	5:24	3.1	11:36	0.1			7:22	4:37	
4	Mon	6:03	3.2	6:21	2.9	12:01	-0.3	12:47	0.1	7:22	4:38	
5	Tue	6:59	3.2	7:21	2.7	1:02	-0.2	1:55	0.1	7:22	4:39	
6	Wed	7:59	3.2	8:27	2.6	2:02	-0.1	2:58	0.1	7:22	4:40	
7	Thu	9:02	3.2	9:33	2.6	3:00	-0.1	3:56	0.0	7:22	4:41	
8	Fri	10:01	3.3	10:31	2.7	3:55	-0.1	4:49	-0.1	7:22	4:42	
9	Sat	10:53	3.3	11:21	2.7	4:46	-0.1	5:40	-0.2	7:22	4:43	
10	Sun	11:38	3.4			5:36	-0.1	6:27	-0.3	7:22	4:44	
11	Mon	12:08	2.8	12:21	3.4	6:24	-0.1	7:12	-0.3	7:21	4:45	
12	Tue	12:52	2.8	1:02	3.3	7:09	-0.1	7:53	-0.3	7:21	4:46	
13	Wed	1:35	2.8	1:42	3.2	7:50	0.0	8:31	-0.3	7:21	4:47	
14	Thu	2:18	2.8	2:21	3.1	8:29	0.0	9:06	-0.2	7:20	4:48	
15	Fri	3:02	2.7	3:01	2.9	9:06	0.1	9:40	-0.1	7:20	4:49	
16	Sat	3:45	2.7	3:40	2.7	9:43	0.3	10:12	0.1	7:20	4:50	
17	Sun	4:27	2.7	4:20	2.6	10:21	0.4	10:43	0.2	7:19	4:51	
18	Mon	5:07	2.7	5:00	2.4	11:08	0.6	11:19	0.3	7:19	4:53	
19	Tue	5:45	2.7	5:42	2.3			12:12	0.6	7:18	4:54	
20	Wed	6:25	2.7	6:30	2.2	12:08	0.4	1:23	0.6	7:17	4:55	
21	Thu	7:12	2.7	7:31	2.2	1:13	0.5	2:27	0.5	7:17	4:56	
22	Fri	8:12	2.8	8:45	2.2	2:18	0.4	3:25	0.3	7:16	4:57	
23	Sat	9:16	3.0	9:51	2.3	3:17	0.3	4:18	0.1	7:15	4:59	
24	Sun	10:14	3.3	10:45	2.6	4:12	0.1	5:09	-0.2	7:15	5:00	
25	Mon	11:04	3.5	11:33	2.8	5:06	-0.1	5:59	-0.4	7:14	5:01	
26	Tue	11:51	3.7			5:59	-0.3	6:47	-0.6	7:13	5:02	
27	Wed	12:19	3.0	12:39	3.8	6:51	-0.5	7:33	-0.8	7:12	5:04	
28	Thu	1:07	3.2	1:27	3.8	7:42	-0.6	8:17	-0.9	7:11	5:05	
29	Fri	1:57	3.3	2:18	3.7	8:32	-0.6	9:01	-0.8	7:11	5:06	
30	Sat	2:50	3.4	3:12	3.5	9:22	-0.5	9:46	-0.7	7:10	5:07	
31	Sun	3:46	3.4	4:08	3.2	10:15	-0.4	10:35	-0.5	7:09	5:09	