

Poughkeepsie, NY - Mar 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:19	3.6	3:49	3.2	9:58	-0.4	10:08	-0.4	6:31	5:45	
2	Tue	4:15	3.5	4:47	2.9	10:55	-0.2	11:01	-0.1	6:29	5:46	
3	Wed	5:12	3.3	5:46	2.7			12:01	0.1	6:27	5:47	
4	Thu	6:10	3.1	6:46	2.6	12:05	0.2	1:10	0.2	6:26	5:48	
5	Fri	7:10	2.9	7:50	2.5	1:14	0.4	2:17	0.3	6:24	5:50	
6	Sat	8:17	2.8	8:57	2.5	2:20	0.4	3:16	0.2	6:23	5:51	
7	Sun	9:24	2.8	9:56	2.6	3:19	0.4	4:08	0.2	6:21	5:52	
8	Mon	10:18	2.9	10:45	2.8	4:11	0.3	4:54	0.1	6:19	5:53	
9	Tue	11:03	3.0	11:26	3.0	4:59	0.2	5:36	0.0	6:18	5:54	
10	Wed	11:41	3.1			5:43	0.1	6:15	-0.1	6:16	5:55	
11	Thu	12:03	3.1	12:17	3.1	6:25	0.0	6:52	-0.1	6:14	5:56	
12	Fri	12:39	3.2	12:51	3.1	7:05	-0.1	7:26	-0.1	6:13	5:58	
13	Sat	1:13	3.2	1:24	3.0	7:43	-0.1	7:58	-0.1	6:11	5:59	
14	Sun	1:44	3.2	1:55	2.9	8:19	0.0	8:27	0.0	6:09	6:00	
15	Mon	2:13	3.2	2:24	2.8	8:52	0.0	8:52	0.1	6:08	6:01	
16	Tue	2:41	3.1	2:56	2.6	9:24	0.2	9:17	0.3	6:06	6:02	
17	Wed	3:12	3.0	3:35	2.5	9:59	0.3	9:45	0.4	6:04	6:03	
18	Thu	3:53	3.0	4:24	2.4	10:43	0.4	10:24	0.5	6:03	6:04	
19	Fri	4:45	3.0	5:23	2.4	11:51	0.5	11:23	0.6	6:01	6:06	
20	Sat	5:45	3.0	6:27	2.4			1:14	0.5	5:59	6:07	
21	Sun	6:53	3.0	7:39	2.5	1:04	0.6	2:22	0.4	5:57	6:08	
22	Mon	8:09	3.1	8:54	2.7	2:28	0.4	3:21	0.1	5:56	6:09	
23	Tue	9:22	3.3	9:57	3.1	3:33	0.2	4:13	-0.1	5:54	6:10	
24	Wed	10:21	3.5	10:49	3.4	4:30	-0.1	5:02	-0.4	5:52	6:11	
25	Thu	11:13	3.7	11:37	3.8	5:25	-0.4	5:51	-0.6	5:51	6:12	
26	Fri			12:01	3.7	6:19	-0.6	6:39	-0.7	5:49	6:13	
27	Sat	12:24	4.0	12:50	3.7	7:11	-0.7	7:25	-0.7	5:47	6:14	
28	Sun	1:11	4.0	1:41	3.6	8:01	-0.7	8:11	-0.6	5:45	6:15	
29	Mon	2:01	3.9	2:34	3.4	8:50	-0.6	8:57	-0.4	5:44	6:17	
30	Tue	2:53	3.8	3:31	3.2	9:40	-0.4	9:44	-0.1	5:42	6:18	
31	Wed	3:49	3.5	4:31	3.0	10:35	-0.1	10:36	0.2	5:40	6:19	