

Poughkeepsie, NY - Mar 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:12	3.3	1:25	3.2	7:40	-0.2	8:02	-0.3	6:29	5:46	
2	Thu	1:49	3.2	2:03	3.0	8:18	-0.2	8:34	-0.2	6:28	5:47	
3	Fri	2:26	3.2	2:40	2.9	8:54	-0.1	9:05	0.0	6:26	5:48	
4	Sat	3:03	3.1	3:19	2.7	9:30	0.1	9:32	0.2	6:25	5:49	
5	Sun	3:41	3.0	4:00	2.5	10:05	0.3	9:57	0.4	6:23	5:50	
6	Mon	4:19	2.8	4:44	2.4	10:47	0.5	10:27	0.5	6:21	5:52	
7	Tue	5:01	2.8	5:31	2.2	11:45	0.6	11:12	0.7	6:20	5:53	
8	Wed	5:48	2.7	6:24	2.2			1:00	0.7	6:18	5:54	
9	Thu	6:42	2.7	7:26	2.2	12:40	0.8	2:08	0.6	6:16	5:55	
10	Fri	7:48	2.8	8:37	2.3	2:06	0.7	3:05	0.4	6:15	5:56	
11	Sat	8:59	2.9	9:38	2.6	3:09	0.5	3:55	0.2	6:13	5:57	
12	Sun	9:58	3.1	10:27	2.9	4:04	0.2	4:42	-0.1	6:11	5:58	
13	Mon	10:47	3.4	11:11	3.2	4:55	-0.1	5:28	-0.3	6:10	6:00	
14	Tue	11:32	3.5	11:53	3.5	5:46	-0.3	6:13	-0.5	6:08	6:01	
15	Wed			12:16	3.6	6:37	-0.5	6:57	-0.6	6:06	6:02	
16	Thu	12:36	3.8	1:02	3.6	7:26	-0.7	7:41	-0.7	6:05	6:03	
17	Fri	1:22	3.9	1:51	3.5	8:15	-0.7	8:25	-0.6	6:03	6:04	
18	Sat	2:11	3.8	2:45	3.3	9:04	-0.6	9:11	-0.5	6:01	6:05	
19	Sun	3:05	3.7	3:44	3.1	9:56	-0.4	10:00	-0.3	6:00	6:06	
20	Mon	4:04	3.6	4:46	3.0	10:55	-0.1	10:57	0.0	5:58	6:07	
21	Tue	5:07	3.4	5:49	2.8			12:02	0.1	5:56	6:09	
22	Wed	6:10	3.2	6:51	2.7	12:07	0.3	1:12	0.2	5:54	6:10	
23	Thu	7:14	3.0	7:57	2.7	1:21	0.4	2:18	0.2	5:53	6:11	
24	Fri	8:22	3.0	9:02	2.8	2:28	0.4	3:16	0.1	5:51	6:12	
25	Sat	9:27	3.0	9:59	3.0	3:27	0.3	4:06	0.0	5:49	6:13	
26	Sun	10:20	3.1	10:46	3.2	4:20	0.2	4:52	-0.1	5:48	6:14	
27	Mon	11:05	3.2	11:27	3.3	5:07	0.1	5:34	-0.1	5:46	6:15	
28	Tue	11:44	3.2			5:52	0.0	6:14	-0.1	5:44	6:16	
29	Wed	12:04	3.4	12:22	3.2	6:35	-0.1	6:52	-0.1	5:42	6:17	
30	Thu	12:40	3.5	12:58	3.1	7:16	-0.1	7:27	0.0	5:41	6:18	
31	Fri	1:14	3.4	1:34	3.0	7:54	-0.1	8:00	0.1	5:39	6:20	