

Poughkeepsie, NY - Jul 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:03	3.5	4:52	3.1	10:56	0.0	11:07	0.5	5:25	8:34	
2	Sun	4:54	3.4	5:41	3.3	11:38	0.1			5:25	8:33	
3	Mon	5:49	3.3	6:31	3.4	12:05	0.6	12:27	0.1	5:26	8:33	
4	Tue	6:45	3.2	7:23	3.6	1:16	0.6	1:25	0.2	5:26	8:33	
5	Wed	7:43	3.0	8:20	3.7	2:28	0.5	2:28	0.2	5:27	8:33	
6	Thu	8:49	3.0	9:24	3.8	3:34	0.4	3:31	0.2	5:27	8:32	
7	Fri	10:00	3.0	10:31	3.9	4:35	0.2	4:31	0.1	5:28	8:32	
8	Sat	11:07	3.1	11:31	4.0	5:33	0.0	5:29	0.0	5:29	8:32	
9	Sun			12:06	3.2	6:28	-0.1	6:26	0.0	5:29	8:31	
10	Mon	12:25	4.1	1:01	3.3	7:22	-0.2	7:21	0.0	5:30	8:31	
11	Tue	1:16	4.1	1:54	3.4	8:13	-0.3	8:15	0.0	5:31	8:30	
12	Wed	2:06	4.0	2:46	3.4	9:00	-0.3	9:05	0.1	5:32	8:30	
13	Thu	2:56	3.8	3:38	3.4	9:45	-0.3	9:52	0.2	5:32	8:29	
14	Fri	3:46	3.6	4:30	3.4	10:28	-0.1	10:38	0.4	5:33	8:29	
15	Sat	4:36	3.4	5:20	3.3	11:11	0.1	11:26	0.6	5:34	8:28	
16	Sun	5:26	3.2	6:07	3.3	11:54	0.3			5:35	8:28	
17	Mon	6:14	3.0	6:51	3.3	12:20	0.7	12:40	0.5	5:36	8:27	
18	Tue	7:00	2.8	7:36	3.2	1:18	0.9	1:29	0.7	5:37	8:26	
19	Wed	7:47	2.6	8:22	3.2	2:19	0.9	2:20	0.8	5:37	8:26	
20	Thu	8:40	2.5	9:13	3.2	3:16	0.9	3:12	0.8	5:38	8:25	
21	Fri	9:41	2.5	10:08	3.3	4:09	0.8	4:03	0.8	5:39	8:24	
22	Sat	10:40	2.6	11:00	3.4	4:58	0.7	4:51	0.7	5:40	8:23	
23	Sun	11:31	2.7	11:44	3.5	5:45	0.5	5:38	0.6	5:41	8:22	
24	Mon			12:15	2.8	6:30	0.4	6:24	0.5	5:42	8:21	
25	Tue	12:24	3.6	12:55	3.0	7:14	0.2	7:11	0.4	5:43	8:20	
26	Wed	1:01	3.7	1:33	3.1	7:56	0.1	7:56	0.3	5:44	8:20	
27	Thu	1:38	3.8	2:10	3.2	8:37	0.0	8:40	0.3	5:45	8:19	
28	Fri	2:16	3.8	2:50	3.3	9:15	-0.1	9:23	0.2	5:46	8:18	
29	Sat	2:58	3.7	3:34	3.4	9:52	-0.1	10:07	0.2	5:47	8:17	
30	Sun	3:44	3.6	4:22	3.5	10:30	-0.1	10:55	0.3	5:48	8:15	
31	Mon	4:37	3.4	5:15	3.6	11:11	0.0	11:52	0.4	5:49	8:14	